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VISTA

Serving the USD Community for 35 Years • Volume 36 • Number 3 • February 25, 1999



Caffeine
Dangers


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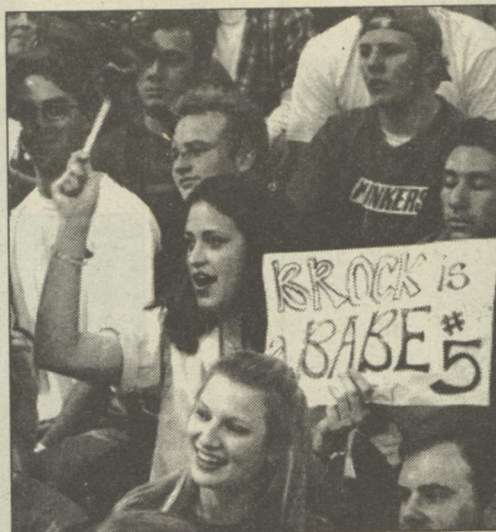
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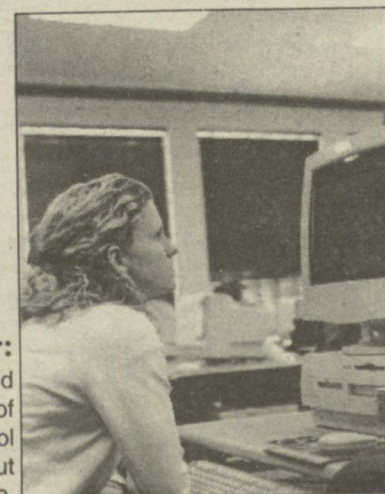
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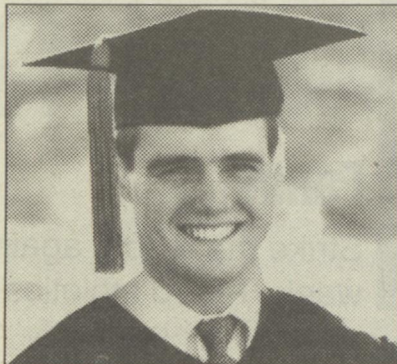
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On the Cover:

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Not sleeping may cut your life short

BETH RABEL
Staff Writer

It's a vicious cycle. You stay up late doing masses of homework, studying for a big test, or socializing. The next morning you can hardly get out of bed, and upon listening to your professors lecture, you fall asleep on your desk.

In order to stay awake for the next class, you get a triple grande mocha, nonfat of course. The caffeine hits you and you are wake for your next class. Of course, that evening you have to stay up late again and you repeat this sequence the next day.

Sleep deprivation is a constant and dangerous problem that college students face. Not only does it affect your ability to focus in class, but it also hinders your body's natural processes.

Sleep problems, such as insomnia, sleep deprivation and fatigue, may be this country's No. 1 health problem. People who sleep less than six hours a night do not live as long as those who get over seven.

Your body needs at least eight hours of sleep each day in order to properly function. Although the specific reason that we need to sleep is unknown, scientists speculate that it is most important due to tissue restoration. Most processes of cell division occurs during the time that we sleep.

A loss of sleep also negatively affects the human immune system. You are more susceptible to infections when your body is not allowed to restore itself and rest. In addition, a lack of sleep can decrease your body temperature, increase your sensitive to painful stimuli, lower your cognitive per-

formance, and cause mood changes.

The amount of time you sleep is like a bank. You need to maintain eight to ten hours of sleep a night in order to function. If you consistently lose one half hour of sleep a night, your debt increases. After losing this sleep consistently for two weeks, you have accumulated one whole night's sleep. This debt of sleep to your body must be corrected, or serious problems can arise. Under extreme circumstances, sleep deprivation has been known to lead even to death.

A lack of sleep can be dangerous in many ways to the general functions of the body, but it can also be detrimental to a more specific problem of automobile collisions. Many experts believe that fatigue can be at least as debilitating as alcohol.

When you mix a lack of sleep and any alcohol consumption, you are in an extremely dangerous position. All the problems of lack of muscle coordination and the other problems that arise from sleep deprivation, reduces your reaction time and gives the possibility of falling asleep at the wheel of your vehicle.

Though sleep deprivation itself may be very detrimental to your health, you can easily correct the condition. The easiest way to find relief is to get a full night's sleep, every night.

Also, you can set aside one night to catch up on your sleep. This extra sleep will help to reduce or delete the debt that you have accumulated over the week. If you are consistently having signs of fatigue, you should see your doctor or go to the Health Center.

Fatigue can often be a sign of underlying illness.

Don't overdue the sleeping though; too much sleep can also lead to lethargy. You need to find a balance that works for your body.

Sleep deprivation can be controlled by a simply listening to your body. When you feel tired, have a hard time concentrating in class or at work, and are consistently playing catch up to reduce your lethargy, you should give your body the rest it deserves.

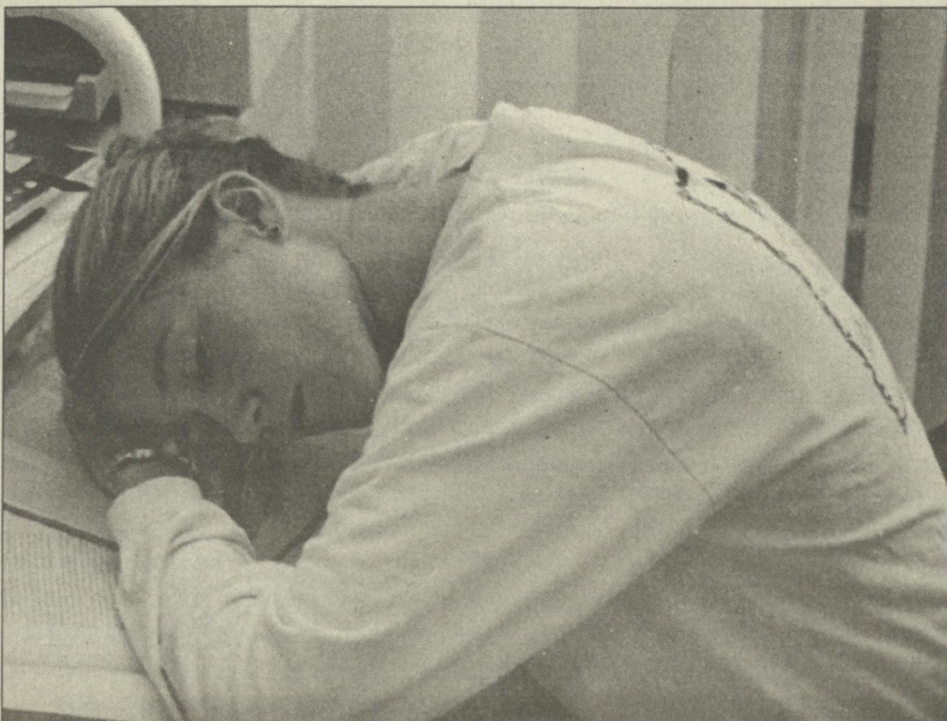
A good night's sleep can help you with almost any function you must perform.

Get Control

Sleep deprivation can't always be controlled. Many college students can't fall asleep, no matter how hard they try. Insomnia, in its purest form, is a result of aggravation and worry. It is easy to avoid insomnia, if you try the following guidelines. Remember not all things will help you.

- *Prior to going to bed, try to do a calming activity. Reading, watching TV, or listening to soothing music can be very beneficial.*
- *Avoid alcohol and caffeine four to six hours of going to sleep. Caffeine will keep you up, while alcohol can cause for a restless and disrupted sleep.*
- *Warm milk can help your body to relax. It contains tryptophan, an amino acid which helps people fall asleep.*
- *If you are not sleepy, get up and do an activity. Laying in bed for long periods of time, just makes the falling asleep process more difficult.*
- *Keep paper and a pen next to your bed. If you think of something while trying to fall asleep you can jot it down, instead of worrying about it.*
- *Try relaxing your muscle groups and breathe deeply. This will release the tension in your body.*
- *Establish a routine before you go to bed. Also try to keep consistent times that you go to bed and wake up. This will help your internal clock function smoothly.*
- *Refrain from taking naps during the day. Naps make it difficult for your body to stay consistent with its sleep. If you do take a nap, try to do it in the afternoon. When you take a late nap, it is harder to fall asleep at night.*
- *Keep your room at a temperature between 60 and 65 F. A room that is too hot or cold can lead to a restless sleep. Cozy blankets can also help you fall asleep.*

If you still can't fall asleep after trying these ideas, you should consult your doctor. You may need a more active regimen or medication to assist you.



Kristin Huffaker

Good Night, Moon: Not surprisingly, the less sleep you receive affects the productivity of your day. More importantly, it can affect the length of your life.

BeyondColorLines

A Student's Perspective on Diversity at the University of San Diego

USD gets some PRIDE

TODD GLORIA

Beyond Color Lines Editor

A makeover is in the works for USD's two gay and lesbian student organizations. Beginning last semester, the Student Alliance Embracing Sexual Orientation (SAESO) and the Bi, Gay and Lesbian Law Students Association (BGALLSA) have been working to enhance their images and take higher profiles among the many groups on campus. These changes have led both clubs to adopt new names and new approaches.

With the approval of the Associated Students Senate, SAESO formally adopted their new name, PRIDE, last fall. David, a club representative, explains: "PRIDE changed its name to simplify the situation. No one understood what SAESO meant unless it was explained to them. This way it is clearer."

PRIDE also has a new attitude. In the past the club met in private and maintained a low profile. While the club still ensures the highest level of confidentiality for its members, PRIDE now allows anyone who is interested to attend its weekly meetings. It has also begun scheduling more events and taking on more issues. Chief among PRIDE's programming for the spring is an open house scheduled for March 4. "With all the new stuff, we want to make people aware of the changes, and the open house is how we

are going to do it," David said. "USD is less than welcoming and SAESO in the past had not been visible. It's an opportunity to let people know about PRIDE." Other events such as an indoor rock climbing trip and functions with clubs at UCSD and SDSU are in the works for the spring.

In the area of social issues, PRIDE spent most of the fall semester petitioning the Board of Trustees to change USD's nondiscrimination policy to include sexual orientation. They promise to continue that effort this semester. Also, representatives from PRIDE and other groups on campus are facilitating a seminar at the annual Social Issues Conference on April 16 to address concerns about hate crimes against gays and lesbians at USD.

A similar movement is afoot at the law school. BGALLSA is now known as PRIDE LAW. It will collaborate with the undergraduate student group PRIDE with the expressed intention of "bringing about a new awareness and greater knowledge of the legal issues surrounding sexual orientation."

BGALLSA felt that their name supposed an exclusive membership of only a particular sexual orientation. Charlotte Wilder, spokesperson for PRIDE LAW, explains that "because this assumption, regardless of its truth, gives way to a segregation of the law school community, BGALLSA has chosen to end the segregation by ending the use of the exclusive name." Wilder

went on to say that PRIDE LAW's mission is "to reach out to each and every member of the law school community regardless of sexual orientation."

Beyond names and methods, PRIDE and PRIDE LAW are using technology to increase their visibility. PRIDE has their own web site with information on the club, links and a list of activities. Both clubs now have e-mail lists that anyone can subscribe to in order to be kept informed of club activities.

While the evolution of the two groups has been met with general praise, there have been some reservations. The AS Senate initially was reluctant to allow PRIDE to change its name and revise its constitution. PRIDE was also the subject of an article in *News Notes*, San Diego's lay Catholic newspaper, evaluating Gay History Month at USD. The article criticized PRIDE and USD's administration for promoting "beliefs contrary to Catholic Church teaching" and characterized homosexuality as "an 'intrinsically disordered' condition."

PRIDE LAW's Wilder responded by saying that the clubs "welcome all points of view in an open discussion forum." She went on to say that "we are about providing a space in which everyone can be proud of his or her sexual orientation."

Responses are welcomed and encouraged:
tgloria@acUSD.edu

Dr. Berry addresses USD for Black History Month

NATASHA FERNANDEZ

Staff Writer

Dr. Bertice Berry highlighted Black History Month at USD when she spoke in front of a capacity crowd last Thursday.

The theme of her talk was, "Is our society more accepting of diversity and multiculturalism?"

According to Dr. Berry, "We are seeing small pockets of people who are more accepting of cultures than they were five years ago. In order to create a more humane society we must experience the diversity that we have around us. Before you know it, you're going to see all kinds of changes."

Dr. Berry, the keynote speaker for USD's Black History Month Celebration, said "society has put a negative value on being different." What keeps people from understanding one another is that "fear for what we don't know, getting ourselves away from that fear is the key to evolving as a society."

Less than 50 years ago, the Supreme Court ruled in the case of *Brown vs. Board of Education of Topeka* to abolish the constitutional basis on which racial segregation had been legalized in the South. But these and other victories in the civil rights movement were neglected in history books and curriculums.

Dr. Carter Woodson, better known as the Father of Black History, devoted his life to creating a forum to promote Black History, so that young African Americans would not be deprived of their rich history. Dr. Woodson established Negro History Week in February of 1926. The week was celebrated with lectures, exhibitions, and symposiums devoted to the study of the African American's experiences from the past through the present.

According to the *Ghana Review*, Dr. Woodson's goal was to "give a more objective and scholarly balance in American and World History."

Dr. Woodson was the second African American to earn his doctorate from Harvard University. The first was W.E.B. DuBois, co-founder of the National Association for the Advancement of Colored People (NAACP). Dr. Woodson became a publisher and journalist mainly for the purpose of collecting and presenting the contributions of African Americans to society. He also founded the Association for the Study of Negro Life and History, which continued his work, and later transformed Negro History Week into Black History Month, which is now celebrated all over the United States.

Dr. Berry recognizes that people need to feel good about themselves before exploring a new culture. This view is exactly what Dr. Woodson worked to create

through his Negro History Week. He created events that would showcase a past that African Americans can be proud of, and he educated others in a culture in which they might otherwise not have been exposed.

"It's easy for you as students to get too caught up in what you should wear or how you should act," Dr. Berry said, "but you're a student, you're here to figure out your purpose. I hope you can continue to work for that peace."

Kanisha Morgan, a senior at San Diego State University, said she felt "inspired what Dr. Berry said, especially about finding your purpose before you can change the world. There is not a lot of diversity at SDSU, especially with affirmative action now. It's nice to be on a campus and see different hues of humanity, but it's not a good feeling when you don't. It affects the way you see life."

Dr. Berry reached out to the students with humor and knowledge that comes from her career as a lecturer, stand-up comedian, doctor of sociology, former host of the daytime show, *USA LIVE* and author of her own book "The World According to Me." Her inspirational lectures have won her numerous awards in the college lecture circuit.

"We need to stop being afraid of what is different," said sophomore Oscar Otanez.

The stimulation of caffeine

SARA BELLITT
Staff Writer

Approximately 80 percent of the world's population consumes some form of caffeine. Like many USD students, they do so to function in the morning. Some students will drink coffee, while others will opt for a nice cold can of Pepsi, Dr. Pepper or Mountain Dew.

This use places caffeine as the most widely used psychoactive agent or drug in the Western world. But are USD students and others abusing this legal drug? Are those that consume caffeine filled products aware of caffeine's effects on the body?

Caffeine is a mild stimulant that is found in leaves, seeds and fruits of more than 60 plants. And believe it or not, caffeine has been in use since 2700 BC, when the Chinese Emperors used to drink caffeine filled teas.

As most of us are aware, caffeine is widely used today in products such as coffee, cocoa beans, tea leaves and chocolate. This mild stimulant affects everyone in a different way. The most common effects associated with caffeine use include elevated motor performance, decrease in fatigue, enhanced sensory activity and increased alertness. Sophomore Debbie Ribera drinks coffee because "it has become a part of my morning routine, and it helps wake me up."

Just like Ribera, senior Amiee Guiles said, "I drink it because it helps keep me awake." When questioned about the health risk of drinking caffeine, she said, "I don't know them, but if I did I still wouldn't stop drinking caffeine."

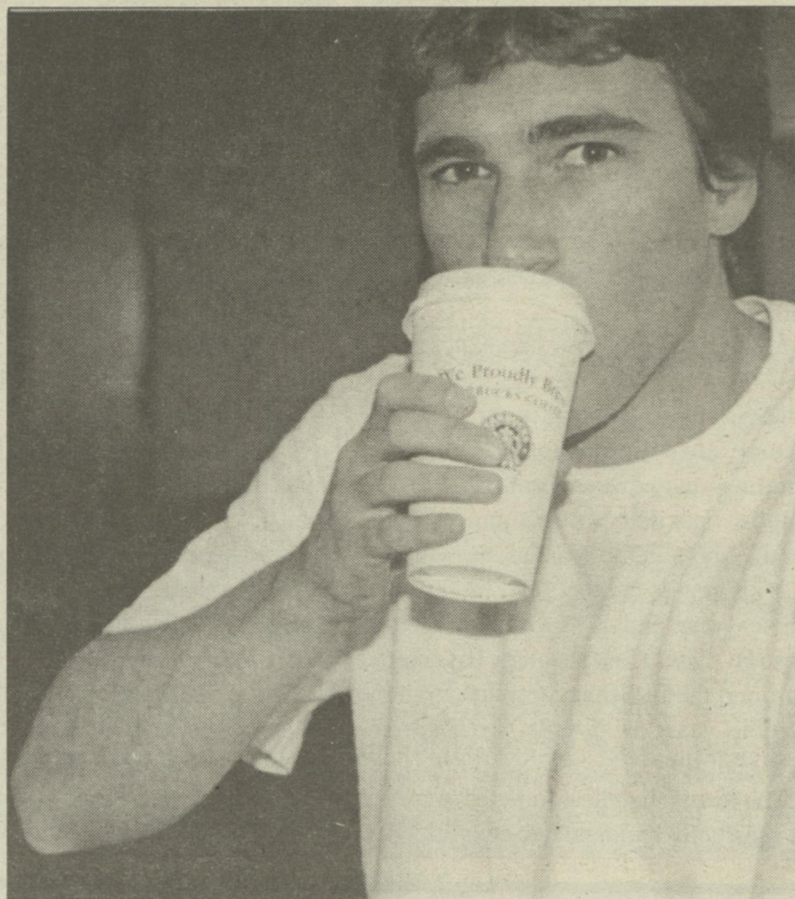
So what is the truth about caffeine? First off, caffeine only works once a day. That's right, once a day. Because caffeine stays in your body for a long time, it takes approximately five hours for half the caffeine a person consumes to stop affecting the body.

Until the levels of caffeine in your body drop low enough, more caffeine won't affect you in the same way that the original jolt did. However, if you consume too much caffeine at one time, caffeine may cause nervousness, anxiety, restlessness, insomnia and/or tremor.

If you consume more than 300 mg of caffeine every day, you may be dependent on caffeine. If you are dependent and want to reduce your caffeine intake, taper off slowly to avoid migraine like headaches.

Caffeine has not been linked with cardiovascular disease, fibrocystic breast disease, reproductive problems, birth defects or cancer making it effect-free — that is for those who aren't addicted to it.

While many people drink caffeine products in the morning as a pick-me-up, it is actually better to just wake up to the sun. Your body will wake up just as quickly as it will with caffeine. And if you absolutely must have your daily fix, try to drink it in the afternoon instead of the morning.



Katie Pham

Caffeine risks: As you take sips of your stimulating coffee, you must take into account its side effects.

So when it gets to be around finals time and you think you can't live through finals without a mocha from Aromas, remember it is possible to get through college without drinking caffeine.

Internet is a great way to search for jobs, but don't rely on it completely

ALYSIA JIMENEZ
Staff Writer

With many of USD's seniors graduating, the World Wide Web is a great place to search for endless employment opportunities.

The Web has become a hot spot for millions of ideas and a mass way of communication. Virtually any information about any topic can be accessed. Many companies have since advertised job positions and careers on line.

USD's director of Career Services, Linda Scale, highly recommends using the Web for a search in the job market. USD, along with many other colleges, has a partnership with Jobtrak, an online provider of job listings. Jobtrak is hired by large companies to post the information in their database, which is then filtered to go to certain colleges.

According to Scales, most online listings through Jobtrak are aimed specifically at college students, "so they get first preference."

"The web is revolutionizing the job posting market," Scales said. But Scales also warns that it should not replace using networking, utilizing newspaper classifieds or an agency.

One advantage to online job sites is the fact that they are constantly updated. This allows for convenient

and reliable searches. Newspaper classifieds on the other hand are expensive to run and it usually takes several days for the ad to be deleted or updated.

Another great advantage to Internet job sites is that students can submit and/or post their résumé online. This allows quick, efficient and hassle-free access to getting your résumé out.

"This has become a major way in which college students are getting their résumés out," Scales said.

Using the Internet for job searches is very easy and convenient. It is much more practical than fumbling through the classifieds, straining your eyes and getting ink all over your fingers. For those who don't get the paper, it also makes things easier because all you have to do is get online.

The drawback to using the internet for job searches is the fact that it is very limited. Solely large companies are the main resources and so this could make it hard to look for a certain job. For instance, advertising/marketing and management are the largest online job field listings. It is harder for job searches in the political science, sociology and other social science fields because often those are the types of jobs that special searches require networking advantages, or being in the right place at the right time.

If you don't have direct access to a job web site, visit the USD Career Center and take a glance at the binder of jobs available that the center prints from Jobtrak. Regardless of what your major and interests are, seek for yourself.

Set up an appointment with a counselor who can inform you on what your best options are for seeking a job after graduation. Their services are very valuable and can often make the difference in getting you that job.



Peter Lubczynski

Job Hunt: With the click of a key, finding jobs on the 'net' is making classified ads obsolete.

Y2K: To worry or not?

ALYSIA JIMENEZ
Staff Writer

Should you be concerned that you could be charged for five years of tuition? Is the Y2K problem going to take your 98 units and wipe them out of the system? Should you even be worried at all?

No one really knows the exact ramifications of Y2K, but the frenzy it is producing is blatantly noticeable. There are commissions, Web sites, hotlines and newspapers that were created to deal with the upcoming century transition and the fears along with it.

Y2K stands for the Year 2000 (Y denotes year and K is Greek for thousand). The Y2K problem is centered around the fact that computer systems record years using only two digits instead of four.

The fear is that the computers may fail to correctly handle dates beyond 1999.

It is currently uncertain what exacting will be affected, or even if anything will be affected at all.

This is why efforts are underway to ensure that nothing will go wrong. So what are the chances that USD's computers will go haywire?

"Slim to none," says Jerry Stratton of USD Academic Computing. He says no one should worry, and that he cannot foresee any problems.

Steps have been taken at USD to ensure that there will be no problems on Jan. 1, 2000, Stratton said.

There are many conflicting views on the Y2K problem. Some expect a disaster similar to an earthquake or a hurricane. Also, consumers are advised to keep copies of bank statements and important records and to save extra cash in case ATMs malfunction.

Some have even gone as far as keeping water, a can opener, battery run clocks.

and radios, as well as extra food on hand.

On the other side of the spectrum there are the people who could not care less about the whole ordeal.

Junior Erik Medina refers to the Millenium Bug preparation "as a farce and a complete utter sense of stupidity."

"I mean, who is gonna need a can opener and extra food and water for something dealing with something that isn't even human," Medina asked. "This whole Y2K thing has gotten out of hand."

Is the Millenium Bug a farce or not? It more than likely is, but to be on the safe side, if you are concerned about your computer, bank accounts, stocks, or any other thing that could be affected if the problem isn't fixed, get in touch with the related.

With a little less that a year to fix the Y2K problem, it is probable that people will not have to break out our can openers and canned food.

Work for us or we'll send thugs.

VISTA

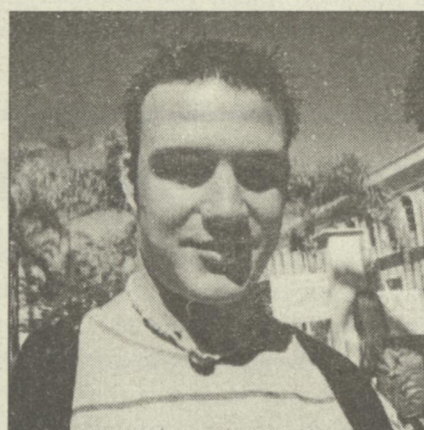
Why do you drink coffee?

TABITHA RODRIGUEZ-ANDERSON
Staff Writer



Jami Pollard

"I don't drink coffee; caffeine is not good for you!"



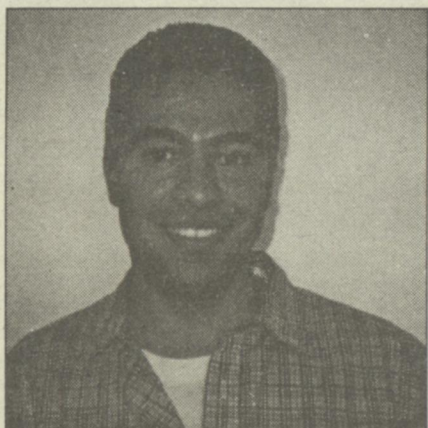
Josh Hayes

"I don't drink coffee; there are other substances to keep me awake."



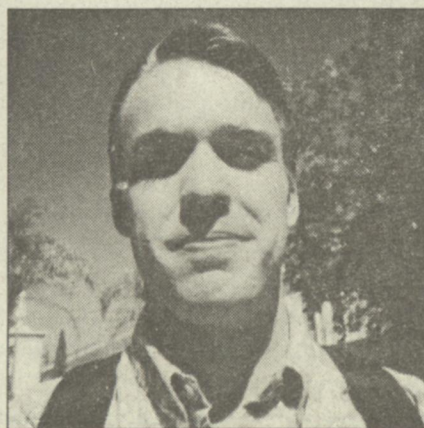
Lisa Zollner

"Coffee makes me high."



Ricardo Pozos

"I don't drink coffee because I hate the taste."



Scott Englund

"I drink coffee because it tastes good."



Shauna O'Toole

"To wake up in the morning and jump start my day."

Compiled by
RODEL DIVINA

Woman found dead in bath — after three years

MADRID — The corpse of a Spanish woman lay undiscovered in her bathtub for up to three years because relatives, annoyed when she missed the funerals of two brothers who died after she did, had stopped visiting her.

The body of the 71-year-old retired nurse was found in her Madrid apartment after neighbors finally persuaded a family member to visit.

Police said she died at least 18 months ago and possibly as long ago as early 1996 but that an autopsy was expected to give a more exact date.

Neighbors last saw the woman in January 1996 when some friends helped her home after she fainted in the street. When she went unseen for months, they twice called police to her flat, but officers simply knocked on the door and left.

Family members did not visit her because they were annoyed she had failed to attend the funerals of two of her brothers who died after she did, the Spanish daily *El Pais* reported.

Eventually the woman's downstairs neighbor traced another brother to San Sebastian in northern Spain and convinced him to come and force open the door.

Police find body bits, suspect cannibal

PHNOM PENH — Police in the Cambodian capital said Thursday they suspect a young woman, some of whose body parts were found at a city rubbish dump, may have been killed by a cannibal and made into soup.

Scavengers at the dump found a pair of feet and some bones wrapped in plastic while picking through rubbish Wednesday.

Police said they found a lung, some hair, two feet, a leg bone and three ribs. The bones had knife marks on them.

"If it was just a killing why do they need to cut the flesh from the body," senior criminal investigator, Ek Kreth, told Reuters.

"We're investigating the possibility she might have been killed for making soup," Ek Kreth said. He did not elaborate.

Another police investigator said it had not yet been determined if the dead girl was Cambodian or foreign.

"We're not sure whether she was foreign or Cambodian as we found some reddish hair along with the bones," said the chief of the police autopsy department, Prach Nhat.

Ek Kreth said it was believed the rubbish containing the body parts was collected from a neighborhood in central Phnom Penh.

"I've never seen anything like it since I became a policeman more than 20 years ago," Ek Kreth said.

Grandfather's ashes lost in cruise ship grounding

MIAMI — The earthly remains of a Florida grandfather were apparently lost when a Royal Caribbean International cruise ship ran aground off St. Maarten last year, a company spokesman said Wednesday.

Shortly after midnight on Dec. 15, the cruise line's *Monarch of the Seas* struck a shoal off Philipsburg, St. Maarten, an island in the northeastern Caribbean. The impact tore a 120-foot gash in the side of the ocean liner and prompted its crew to order all 2,557 passengers to hurry to the deck and prepare to go ashore.

Christopher and Ann Anderson of Jacksonville, Fla., rushed to the deck, but in the chaos, they left behind a box containing the ashes of Christopher's grandfather, Alfred Hinds, who died in June at age 83.

According to the Andersons, Hinds' ashes were inside a plastic bag in a small cardboard box marked with Hinds' name and the dates of his birth and death. A report in Wednesday's *Florida Times-Union* newspaper said the family had intended to scatter the ashes in Barbados, Hinds' native island.

Royal Caribbean sent staff to the cabins to pack up passengers' belongings and transfer them to shore, but Hinds' ashes were not among the goods retrieved, spokesman Rich Steck said.

"Somewhere along the line, the plastic bag of ashes apparently didn't get packed, and disappeared. They have not been found," he said.

Steck said he did not believe the company would be liable for the loss of the ashes. Before they board cruise ships, passengers sign forms releasing the company from claims for lost goods, he said.

Amputee gets transplanted hand from cadaver

LOUISVILLE, Ky. — An amputee who received a transplanted hand from a cadaver at a Kentucky hospital says the joy of seeing his new left hand reversed the horror of waking from amputation surgery in 1985.

"My first impression was, 'Wow, 13 years has just evaporated,'" Matthew Scott said at a news conference Tuesday at Jewish Hospital in Louisville, where the 15-hour operation to attach a new hand was completed Jan. 25.

With his new hand in a special brace and his left arm in a sling, Scott reflected on his reaction when the bandages were removed.

"They took the bandages off and I saw something there and I was amazed at the similarities of both hands — relative size, skin color," Scott said. "I realize that was purely the luck of the draw and I just smiled and smiled and smiled."

In 1985, when a powerful M-80 firecracker exploded in his hand, Scott had to face a stark new reality when the bandages were removed and he saw only a stub where his hand had been.

An unnamed donor provided the new hand for the 37-year-old Scott of Absecon, New Jersey.

Scott, an assistant director of a paramedics school, has been moving his new fingers on an hourly basis as part of a physical therapy program aimed at keeping the newly attached tendons from sticking to the surrounding tissue as it heals.

His surgeons reported that he is doing as well or better than expected, and that there has been no sign of the hand being rejected by his body.

"He is also strong enough to start spending some time away from the hospital," University of Louisville transplant surgeon Dr. Jon Jones told reporters.

During the weekend, Scott spent time with his wife, Dawn, and their two children. He was expected to be discharged from the hospital within days but will remain in the area.

Scott will have to take anti-rejection drugs for the rest of his life, weakening his immune system and potentially making him vulnerable to disease and other complications, but he said that he was more than willing to take the risk in order to go beyond his previous limitations.

Steve Chesher, an orthotic specialist working with Scott on his physical therapy, said tests indicate Scott has a range of motion in his new hand that would allow him to turn a doorknob or a key. But Chesher said Scott does not yet have the strength to do so because he had not used his forearm muscles since the amputation.

Scott is the world's third hand transplant recipient and the second in recent months after a similar operation was performed last fall by a team of doctors in France. The recipient, Cliff Hallam of New Zealand, is reported to be doing well. The first known hand transplant, in Ecuador in 1964, failed two weeks after the surgery.

No room for Reagan face on Mount Rushmore

WASHINGTON — Former President Ronald Reagan may have an airport and a federal building named after him, but he will not be immortalized on South Dakota's Mount

Rushmore, the National Park Service said Tuesday.

The NPS, which manages the monument, said there is "no place" within 100 feet on either side of the massive stone faces to carve another image.

"It's not about Reagan," but about carving additional faces, NPS spokesman David Barna told Reuters. The rock on the mountain in South Dakota's Black Hills is too fragile to support additional blasting for further carvings, he said.

Earlier this month, Arizona Republican Rep. Matt Salmon said he would introduce legislation to add Reagan's likeness to the shrine alongside other former presidents George Washington, Thomas Jefferson, Theodore Roosevelt, and Abraham Lincoln.

Salmon proposed a foundation be created to raise voluntary contributions to finance the Reagan project and establish a commission to ensure the existing structure was not damaged in the process of adding a fifth president's likeness.

But Barna said the original sculptor, Gutzon Borglum, carved the four presidents close together in order to avoid fractured rock.

"He did not intend for additional artists to modify" his work, Barna said.

The carvings are Borglum's personal interpretation of the first 150 years of our nation and its ideals, he said. "Should we mess with his design?" Barna asked.

After working on the presidential busts for nearly 14 years, Borglum died in 1941 before they were finished. Borglum's son Lincoln completed his father's project later that year.

AS this Week

This Week

Today, Feb. 25

Meet the President's Luncheon on Thursday, Feb. 25 at 12:30 p.m. in the UC Forum B. Space is limited to the first 40 people to sign up in UC113.

Friday, Feb. 26

Men's Baseball vs. Michigan at 2 p.m.
RHA Jeopardy Game in the Salomon Lecture Hall at 7 p.m.
ALPs Retreat departs and returns on Feb. 28.

Saturday, Feb. 27

Men's Baseball vs. Michigan at 1 p.m.
Night at the Apollo in Shiley Theater and the event begins at 8 p.m, but the doors open at 7:30 p.m..

Sunday, Feb. 28

Men's Baseball vs. Michigan at 1 p.m.

March is Women's History Month

Tuesday, Mar. 2

AS Day at 12:15 in front of the University Center
Women's Tennis vs. Boise State at 1:30 p.m.
Men's Baseball vs. UC Riverside at 2:30 p.m.
AS General Elections Informational in UF office at 5:45 p.m.

Wednesday, Mar. 3

Sophomore Community Service Event
Men's Tennis vs. Michigan at 1:30 p.m.
AS General Elections Informational in the UF Office at 5:45 p.m.

AS Executive Office
260-4715

AS Director & Senators
260-4178

AS Web Site
<http://as.acusd.edu>

Around the World with AS

AS Day '99 is an opportunity for students to learn all about the Associated Students Leadership Team. Today during dead hours, enjoy some free food, play fun games, and win great prizes.

NICOLE NUNES

Special to the VISTA

Have you ever been the slightest bit curious about what the Associated Student's Leadership Team actually does?

From arranging concerts and comedians to dealing with social issues, the leadership team offers a variety of unique and exciting positions.

On Tuesday, March 2 outside the University Center during dead hours, the Associated Students Leadership Team proudly presents AS Day '99!

The theme for this year's event is Around the World with AS. There will be a variety of countries displayed to coordinate with the diversity of positions on the leadership team. From the waters of Jamaica to the fine foods of Italy, and the golf greens of Ireland,

there are so many different types of food and games for you to participate in.

"AS Day is a chance for AS to showcase their awesome programs, dedicated team members, and get in touch with the student body. It is a wonderful opportunity for students to learn about AS and have a great time," said Mike Zilliox, Vice President of Programming.

Also, AS elections will be taken place in March and candidates need to begin thinking about positions they wish to run for. Election Informationals will be held on March 2 and 3 at 5:45 p.m. in the United Front office in UC 128.

Monique Mihailovich, the Director of Elections will speak to prospective candidates about eligibility, important dates, and answer any questions you may have. Even if you are not sure if

an elected office is for you, I would encourage all to attend the informational in order to make an educated decision.

"At this time last year, I was pondering whether I was going to run for a position or not. If any of you are feeling this way I urge you to come out to AS Day and learn more about the positions that are out there. My experience thus far on the AS Leadership Team has been a life-changing experience," said Bill Quinn, Vice President of Finance.

Primary elections are on March 16 and 17 from 10 a.m. - 5 p.m. in the UC lobby. General Elections are the following week, on March 23 and 24 are the same times.

Susan Payment, Associate Director of Student Activities said, "An AS Leadership position provides an excellent opportunity for students to develop skills that ultimately prove to be invaluable after they have left USD for greater thing."

Music

SwingWeek '99 Dancing

March 15-20

**"Swing" into the
most exciting week of Spring**

Tuesday, March 16

12:15 p.m. "Big Time Operator" Front of UC
7:30 p.m. "Swingers" The Movie UC Forum AB

Thursday, March 18

12:15 p.m. SWINGFEST
Featuring "SwingerHead" Front of UC
Clubs and Organizations
Carnival Booths and Free Food
7:30 p.m. "Swingers" The Movie UC Forum AB

Saturday, March 20

8:00 p.m. SWINGFLING*
Live Band and DJ
Hors d'oeuvres & Refreshments
Casino and Prizes
***Tickets go on Sale March 8, for \$15 a person**

Night at the Apollo

BILL QUINN

Special to the VISTA

As the month of February draws to a close, so does the Black History Month celebration. The month will culminate on Saturday night with "Night at the Apollo", a talent show where groups or individuals can display their talents or lack thereof to the USD students.

If the opportunity to play a crowd wasn't enough, the winner of the talent show will take home a \$200 grand prize. The winner of the show will be determined by the amount of applause given to the performers after their performances. "I am excited to attend the night at the Apollo. It's fun to be able to perform and the \$200 isn't too bad either," said Oscar Otanez.

The show will be in Shiley Theater at 8 p.m. on Saturday night. The doors open at 7:30 p.m, it is advised that you show up early in order to get a good seat. In order to take part in the show, sign up at the Student Union Desk in the United Front in UC 128. If you have any questions, contact Antonio Hyde at ahyde@students.acusd.edu or Tammy at 260-2779.

The sky is NOT the limit



Michael Miller

Wasted: *This is what you could look like and you don't even know it!*

RACHEL VALINE

Insight Editor

So we all come to college with this big idea that we are free. We can do whatever we want, say whatever we want and come home at whatever time we want. And we all think it is so great. There's no one to watch over our every move: no parents, no brothers, no nothing. We don't have to lie to our parents anymore about whose house we are going to "spend the night at" when we know that there is this really great party to go to. You used to envision what your parents would say if you walked in the house at two in the morning with the smell of alcohol on your breath. You used to lie and say that your friend (even though you're 18) was having a sleep over. And of course, your parents would buy it, unless they were the type to call your friend's house. Then you were in trouble.

However, this is not my point. My point is not where you go, or what time you come home. You're in college now. My point is simple: Who ever taught you how to drink? Or should I ask, who ever taught you how much to drink? You may believe that those are silly questions, but when you think about it, so many people have no idea what their limit is. This is why I ask, who taught you how to drink?

No one taught you how to drink. You came to college totally inexperienced and went to your first party,

without any expectations, and the next thing you knew, you couldn't even walk anymore. And then you wonder why everyone was staring at you on Monday (since almost everyone at USD was at that same party—kinda hard not to be), and you feel so dumb. You say to yourself, "I will never drink again."

But the next weekend is right around the corner, and you go to another party (the only party, where everyone happens to be again), and this time you're smarter. You start out slower. But, sure enough, you can't walk home again, and everyone is staring at you on Monday, except now they are saying things about you. Congratulations, you are now referred to as the loser who can't handle their alcohol.

My point is, you are not the only one this happens to. And it's not even that you are a loser, you just don't know when to stop. And since it doesn't hit you until you've already finished 10 beers, there's nothing else you can do except wait for a really long night of being sick (again) until those 10 beers have decided to go away.

So here comes my question; What ever happened to "social drinking?" What ever happened to going out or to a party, and having two or three drinks, and then going home and feeling good? Not sick, not miserable and not wasted. For some reason when people come to college, they think that they have to take all of the shots they are offered and do their first "KEG stand." By doing all of these things just to impress everyone else, you feel terrible in the end. Is it worth it?

I'm not saying to not have a good time, and I'm certainly not telling you to stop what you are doing. I'm simply asking you to think. Think about how it makes you feel the next morning when you are hung over all day long, or when you get a phone call from someone you met the night before, who you don't even remember. Or how about when you wake up with someone next to you and you don't even know who they are. Or even worse, you wake up and you don't know *where* you are. All of these things can happen. They seem funny when they are not happening to you, but some of them are actually very serious.

This is not "social drinking." Social drinking is not seeing if you can get through the entire "Century Club." Social drinking is not seeing how many shots you can power down. Social drinking is not drinking so much that you cannot walk anymore. Social drinking is not seeing who can chug 10 beers the fastest. Social drinking is not drinking so much that you have to throw up and you can't even make it to a toilet. Social drinking is not drinking to the point that you become an angry person and beat someone up because they looked at you funny, or they said something you didn't like. Social drinking is not drinking so much that you get emotional and spend the whole night crying in the bathroom because your boyfriend said "hi" to another girl.

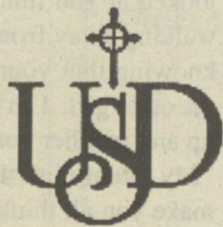
Social drinking is knowing that everyone is doing the "Century Club" while you stand by and enjoy your drink. Social drinking is taking a shot just to toast someone (not 10 of them). Social drinking is being able to walk home, or even drive home (if you're over 21 and under the legal limit). Social drinking is not chugging 10 beers the fastest, but enjoying them; they don't hurt your throat as much when they go down slowly. Social drinking is only drinking to your limit so that you don't have to pay for someone's carpet cleaning. Social drinking is ignoring someone that looked at you funny or said something dumb. It is walking away from the situation. Social drinking is knowing that your boyfriend is only saying "hi" to the other girl. I'm sure he wouldn't mind if you went up and met her yourself.

My intent in writing this is not to lecture you or to make you all think that you are alcoholics, it is only to tell you what I have seen or heard, and to share it with you. It's not like we all haven't been there before. Who's to say that even knowing all of this, we all won't do it again. We all want to have fun, but we also need to be smart about it. You can have a good time without it turning into a bad time. I'm sure we all don't feel great after a hard night of partying. Besides, wouldn't you rather remember the people you meet that night, so you are not wondering who is calling you, or how you could have possibly kissed the person you did?

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GENERAL INFORMATION MEETING

with Dr. Clare Friedman, Oxford Program Coordinator and Heather Sikes, a St. Clare's alumna.

Tuesday, March 2nd, 1999 at 12:15pm in Serra 313

Free pizza and soda!!

For more information and application packages see Dr. Friedman in Serra 171D or Heather Sikes in Founders 106

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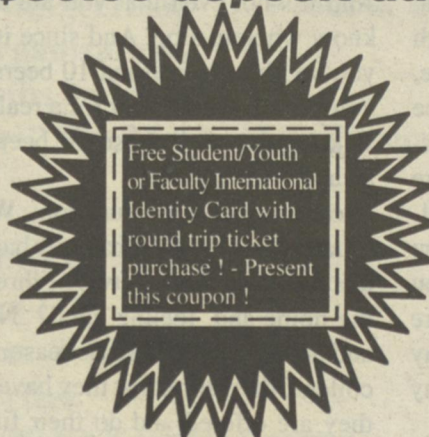
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Council Travel

The skinny on pornography

MAGGIE SHIPLEY

Society & Culture Editor

I was thinking of writing an article on pornography, but I almost immediately realized that it was just too big a job to tackle. We are all vaguely familiar with the arguments for and against pornography in our culture. Instead, I want to limit my focus to men's consumption of sexual images of women, such as those pictured in *Penthouse* and *Playboy*.

Is this considered pornography? Well, maybe by some people. Frankly, I'm not sure if it is or isn't, but I do think that most people draw a distinction between images of naked women in sexually explicit poses, and those images in which a sexual act either takes place, or is being illustrated. Granted, there's a fine line between the two. But generally speaking, men who look at these images are less likely to be censured for socially unacceptable behavior than men who view hardcore porn.

The point I'm trying to make is that I think the viewing of sexually explicit images of women are obviously designed to appeal only to men, at the expense of the women. I will not address the argument that porn can also appeal to women as well as men, as this is not the focus of my discussion. In other words, in our society, it isn't considered socially unacceptable by most people for men to look at sexually explicit images of women, at least on the surface.

In fact, we've all heard the argument that it's considered "normal" and "appropriate" because, "that's just how men are. It's only natural for any red-blooded all-American male to appreciate beautiful women." Rather than argue what is moral and what isn't, or what is normal and what is not, I think that men's viewing of say, *Penthouse*, has a little talked-about effect on both the women in their lives and women in general. And I mean an often overlooked effect, not the fact that women may find it degrading and humiliating to their sex. Most of us are aware of this argument.

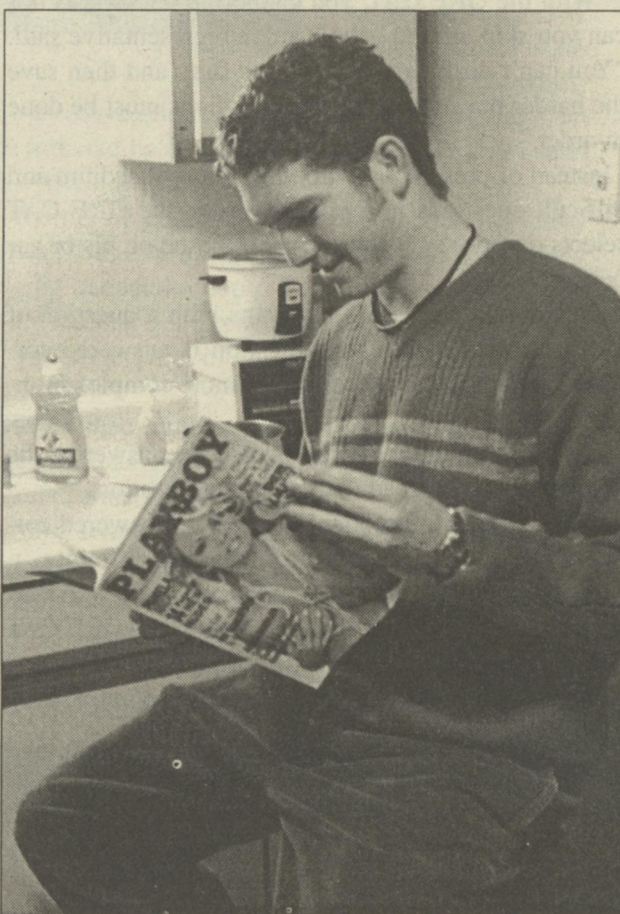
I remember going to a party once and finding a stack of *Playboy*'s in the bathroom corner. My first reaction was a twinge of discomfort — a very vague sense of feeling threatened. It's a hard feeling to pin down. The women in the magazines are, of course, beautiful by conventional standards. They are almost always young, have large breasts, tiny waists and relatively "perfect" figures. On the surface, it may even seem that women are jealous of the photographs in the magazines.

While that may be true for some, I think there's an underlying reason that women might take offense to the men in their lives viewing sexually explicit pictures of women.

In a phrase, I think it comes down to this: it hurts a woman's feelings. All the technical arguments aside, I think women simply feel hurt that a man they love or care about looks at other women in a way that suggests lust and desire, even if it's merely a photographic reproduction. Not to say that women themselves don't

want to be looked at in this way — many of us do — but we're selective. It's not a sexual hangup to want the man you care about to lust after you, but not after other women.

So, am I suggesting that men should only look at their wives and girlfriends? Of course not. But then, women have managed for years, even centuries, to be attracted to men who aren't their husbands and boyfriends, and to be discreet, sensitive and inoffensive about it — or, at least that's what we're taught to do. We use our imaginations.



Kristin Huffaker

Sex Appeal: With the popularity of magazines such as *Playboy* and *Penthouse* objectifying women, where do the "sexy-lines" get drawn?

Another uncomfortable feeling for women is that men may get the idea that these images represent how women should look. Although the argument can be made that men are acutely aware that most women do not look like the women in the magazines, who really believes that these images have no impact on a man's thinking and his conceptions of female beauty? Surely the magazines must have some impact, or why "read" them?

For women, the implication is that there's an ideal standard to live up to and be compared against. An unspoken and subconscious response of some women might go like this, "Gee, I wish I looked like that so my boyfriend would feel that way about me. Is there something I'm missing out on because I don't look like a centerfold?"

But honestly, who can measure up? Do women re-

ally need to feel pressured to live up to an impossible ideal? Even if all women did look like the breasty twentysomethings in the magazines, time marches on and we all age, except for the women in the pictures — those women are *always* young and beautiful. Like so many other images of women in our society, these magazines contribute to the emphasis on youth and beauty as the standard by which a woman's worth is to be measured. So is it merely jealousy that women feel? I don't think so.

Let's turn the tables and see what happens. Imagine this scenario: the availability of several pictorial magazines geared for women, which I will call penis magazines. Let's say these magazines glorify the penis, with centerfolds and themes surrounding the penis. And, of course, the bigger the better. The penises depicted in these magazines would no doubt represent "the ideal." I wonder, would most men feel threatened? How would men feel if their mothers, sisters, girlfriends and wives looked at these magazines? Would it be embarrassing to a man if his male friends knew his girlfriend had a stack of penis mags in the bathroom, or maybe locked away in her bedside table?

If men did disapprove of the women in their lives looking at penis mags, how would they go about expressing it? To protest might imply insecurity about a man's sexual ability or his "physical attributes," or maybe subject him to accusations of jealousy or envy. Or, perhaps it might suggest that he simply doesn't like sex, or is sexually immature. In fact, it might be wise for him to just keep silent on the matter. Sound familiar?

Back to my example of finding a stack of *Playboy*'s in the bathroom at a party. Back then, I couldn't articulate how it made me feel, and I realized that it was because I just wasn't used to talking about it; not with girlfriends or boyfriends.

Among women, it's not really a subject that gets talked about. Why? Well, I think most women have been silenced on the issue. Openly protesting men's consumption of *Playboy* usually leads to ridicule and/or embarrassment.

Being accused of being prudish is a stinging insult, an attack on a woman's own sexuality and probably the most effective silencer of woman's negative expressions. Other responses to women's expression of disapproval are, "you're making a mountain out of a molehill," or "don't you think you're being a bit too sensitive?" And there are other ways to imply that a woman who doesn't understand men's "appreciation" for these images is simply sexually immature.

As for the effects on women in general, there does seem to be something degrading about seeing members of your sex expose themselves for the pleasure of men. It certainly does imply subordinate status for women. I could go on about the sexual objectification of women in the media, and in our culture, but I think I would prefer to reiterate my point that the bottom line is : this hurts feelings.

Last of the "paper and pencil" tests

RODEL DIVINA

News Editor

Prospective graduate school students who want to take the Graduate Record Examinations (GRE) better hurry. After April 10, the GRE will no longer consist of the traditional printed test booklet, the scantron for marking answers or those yellow No. 2 pencils.

According to the Educational Testing Service, April will be the last administration of the "paper and pencil" GRE, which will be phased out for the new computerized version called the GRE CAT (computer-adaptive test).

Since 1993, both the written and computerized versions of the GRE have been offered to test-takers. But by Fall 1999, the test will be offered only on the computer. The GRE Subject Tests, however, will still be available in the paper-based format.

"The computerized version of the GRE is more cost-effective than the paper and pencil version," said a Kaplan Educational Services representative who did not wish to be named.

The Written Version

Currently, the written version of the GRE consists of six scored 30-minute sections:

- 2 Verbal sections
- 2 Quantitative Reasoning (Math) sections
- 2 Analytical (Logic) sections

Additionally, students can expect one 30-minute experimental section that is unscored. This test can resemble any of the six scored sections, so identifying it is nearly impossible.

Midway through the exam day, there will be a 10 to 15 minute break.

The Computerized Version

Though the structure of the GRE CAT is very different from the traditional paper and pencil method, the computerized exam covers the same topics: verbal, math and logic. Also, the computerized test may consist of four or five sections, but only three sections will count toward one's score. These three scored sections, which can be presented in any order, possess the following characteristics:

- Verbal, 30 minutes, 30 questions
- Math, 45 minutes, 28 questions
- Logic, 60 minutes, 35 questions

Additionally, one "experimental" section resembling the three scored sections will be included. It does not count toward one's score. But since it is difficult to determine which section will be experimental, it is vital that students take each section seriously.

Finally, a fifth section called the "Research Section" may be presented. Like the experimental section, it will not affect one's GRE CAT score. Since this section is optional, test-takers are not obligated to complete it.

In general, one does not need to be computer literate to take the exam.

"The test requires only the most basic computer

skills, and these are covered in the hands-on tutorial you must complete before beginning the official timed test," the Kaplan representative said. "We encourage you to spend as much time as you need to become comfortable with all the sections of the tutorial before starting the actual timed test. This will allow you to practice using a mouse."

The Major Differences

A major distinctive feature of the GRE CAT is that only one question appears on the screen at a time. In other words, test-takers can only move on to the next question only after answering the last one.

"With the GRE CAT, you cannot go backwards nor can you skip around," the Kaplan representative said. "You can't do the easy questions first, and then save the harder ones for later. The questions must be done in order."

Instead of presenting a mixture of easy, medium and difficult questions in a random order, the GRE CAT selects questions for the test-taker based on his or her performance.

Specifically, the new test begins with a question of average difficulty. If that question is answered correctly, the computer will display a more complex problem.

But if the first question is incorrectly answered, the computer will proceed with an easier question.

Hence, if each subsequent question is answered correctly, the next questions will increase in difficulty.

However, making mistakes will cause the test to start giving easier problems. In other words, the GRE CAT will adapt to the test-taker's performance.

Obviously, the GRE CAT questions are not equally weighted.

When a question appears in a section can influence one's score. An early question in a GRE CAT section will have a greater impact your score compared to one that appears later.

"If you miss the first few questions, then the computer will assume that you are below average," the Kaplan representative said. "Consequently, it becomes dif-

ficult to recover and to get the more difficult questions that are worth more points."

According to the Kaplan Web site, "the very purpose of the adaptive format is to determine your score based on the level at which you answer questions correctly about 50 percent of the time.

That means that the overall number you get right is not as important as the level at which you start getting about half the questions wrong."

People who are prone to making nervous mistakes early in a test or to rushing through it must be cautious.

The Advantages

But the GRE CAT does have several advantages.

The new computer test can be administered anytime during the first three weeks of most months. Also, registration for the GRE CAT may occur a few days prior to the preferred test date, instead of six weeks prior to the paper and pencil GRE exam date.

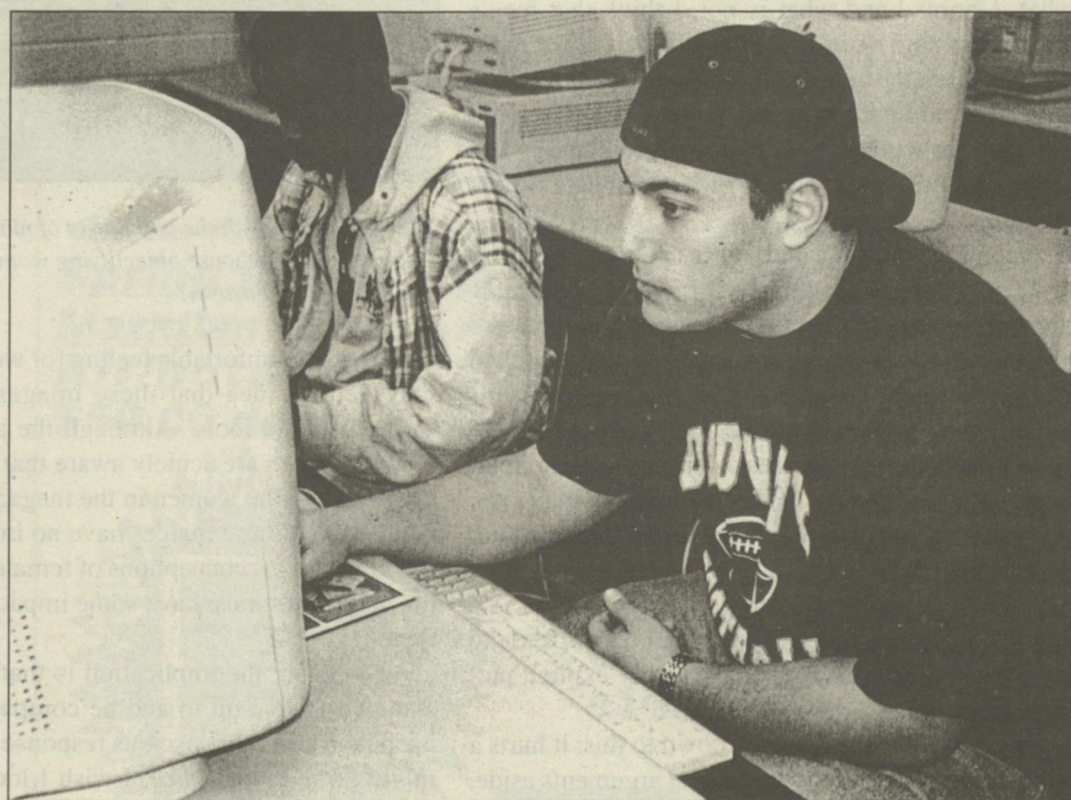
Moreover, students can receive their unofficial scores immediately after taking the computer test.

Official scores are mailed 10 days after taking the exam.

According to the Kaplan representative, students taking the new computer exam will not undergo crowded conditions which are characteristic of the pencil and paper version.

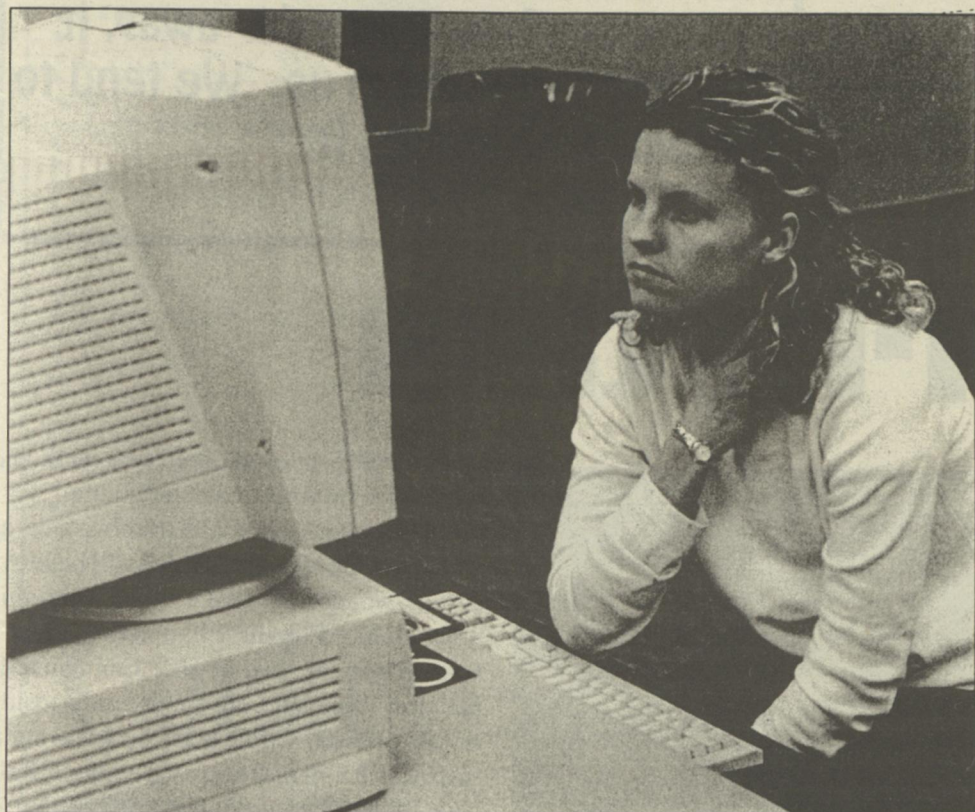
"CAT sessions usually consist of no more than 12 people sitting in separate cubicles in front of their own computers," the Kaplan representative said.

Additionally, in contrast to the paper and pencil method, the computer test allows students to use as much scratch paper as they need.



Peter Lubczynski

Computer comfort: With standardized testing now being put on computers, the ability to do well on such tests rests not only on brains but also on computer skills.



Kristin Huffaker

The Opinions

Senior Chris Weerts, who took the GRE CAT last month, sees both the pros and cons of the computerized version.

"Taking the computer test was difficult because I couldn't go back to a previous question," Weerts said.

"But I liked how I could move on to the next section and not have to wait for a whole classroom of people to finish."

Weerts also said that the verbal section was hard because "you could not underline anything."

Another senior, Lindsay Johnson, said she is taking advantage of the final paper and pencil administration of the GRE.

"I'm really bad with computers," Johnson said. "I want my testing experience to be familiar and comfortable for me. I think I'd be so nervous using a mouse during the GRE."

Registration

Currently, students face two registration options, depending on their preference for either the computerized or written versions. Like the GRE, the Dental Admissions Test (DAT) has gone high tech. According to the American Dental Association, the October 3, 1998 administration of the DAT was the last time it was offered in its written format. The DAT is used by dental schools across the nation to determine whether an applicant is capable of meeting the demands and challenges he or she must face during four rigorous years of learning and training.

The DAT is similar to the Medical College Admissions Test in that it assesses one's knowledge of the sciences. But it is distinct in that it tests the perceptual ability necessary to practice dentistry. Though the written version has been phased out, the DAT format remains the same.

The DAT still consists of four timed sections: the Survey of Natural Sciences, the Perceptual Ability Test (PAT), Reading Comprehension and Quantitative Reasoning.

The Survey of the Natural Sciences covers biology, general chemistry and organic chemistry. Ninety minutes are allocated to answer 100 questions. The PAT measures one's ability to conceptualize and to estimate spatial and structural relationships. Test-takers are given 50 minutes to answer 90 questions. The Reading Comprehension and Quantitative Reasoning contain 50 and 40 questions, respectively.

But unlike the GRE computer test, the DAT computer format is linear. In other words, one may skip difficult questions and come back to them later just like he or she would on a paper and pencil test. Also, it is not adaptive.

"I don't think taking the computer version is such a big deal," said senior Monica Wade, who is currently applying to dental school. "My only gripe is that during the reading comprehension section, it's not like I can underline parts of the passage on the computer monitor."

USD pre-med students face new challenges every semester, such as difficult courses in organic chemistry, general chemistry and physics. But this semester their stress might be compounded by what many of them consider the most important test of their lives — the Medical College Admissions Test, which is otherwise known as the MCAT.

The MCAT, which will be administered on April 17, is used by medical schools to measure their applicants' proficiency in the basic sciences, as well as their problem-solving, critical thinking and communication skills.

According to a press release from the Princeton Review, MCAT scores can affect where a pre-med student goes to school. Specifically, "nearly all of the admissions officers surveyed place the MCAT among the top three selection factors."

Consequently, there is enormous pressure placed on prospective doctors to perform well on the MCAT while maintaining a reputable grade point average.

According to junior Stephanie Lopez, it can be difficult preparing for the MCAT while simultaneously keeping up with her USD coursework.

"Studying for the MCAT is so difficult right now," Lopez said. "I want to get high MCAT scores, while at the same time, getting a B in any of my science courses can totally ruin my chances."

The same press release from the Princeton Review states that the MCAT consists of almost five hours of multiple-choice testing and one hour of providing a writing sample.

Factor in the time allocated for administrative detail "at both ends of the testing experience" and three breaks, and one can expect to spend more than six hours in the test room.

The exam is composed of four timed sections: Verbal Reasoning, Physical Sciences, Writing Sample and Biological Sciences. This is the order in which these sections always appear.

Regular registration deadline for the April 17 MCAT is March 12. To register, call (319) 337-1357 or visit www.aamc.org on the internet. For many potential lawyers, taking the Law School Admissions Test (LSAT) can be the make-or-break exam of their lives.

Many law schools place great emphasis on LSAT scores when decided which applicants should be accepted or rejected.

Senior Madeline Doms, who has already been accepted to law school, said taking the LSAT was a nerve-wracking experience.

"The second time I took it," Doms said, "I felt more comfortable and ended up scoring 30 percentile points higher."

According to a press release from the Law School Admission Council, the LSAT is designed to test the critical reading and analytical thinking skills that are vital for success during the first year of studying law at any of the 196 accredited American law schools.

But Doms said she does not necessarily agree that the LSAT is an accurate indicator of how well someone will do in law school.

"Many law students have told me that it is possible for you to do bad on the LSAT, yet still excel in law school," Doms said. "So it's not black and white."

The Kaplan Web site states that LSAT is an endurance test because it consists of 175 minutes of multiple choice testing and 30 minutes of providing a writing sample.

The LSAT is made up of six sections: two Logical Reasoning sections, one Logic Games section, one Reading Comprehension section, one unscored "experimental" section and one Writing Sample section.

The LSAT was last administered on Feb. 6. According to Kaplan, "most people found the February exam similar in difficulty to recent exams. The Logic Games were a bit harder this time around, but this was balanced by an easier Reading Comprehension section. Section 2 was unscored."

Although the next LSAT test date is on June 14, it is not too early to register. The regular registration deadline is May 14. Further information can be obtained by calling (215) 968-1001 or by visiting www.lsac.org on the Internet.

IMPORTANT DATES

MCAT

Test Date — April 17

Registration Deadline — March 12

GRE (Written)

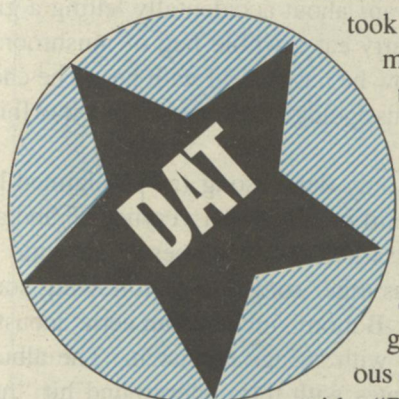
Test Date — April 10

Registration Deadline — March 5

LSAT

Test Date — June 14

Registration Deadline — May 14



LEISUREPIMP

Entertainment and News Around San Diego

True peace is not very far away, it lies right here within us. We tend to continually overlook it.
-The Buddha

Honky has rhythm

TYLER LAMB

Asst. Leisurepimp Editor

Eminem
The Slim Shady LP
Interscope Entertainment

It must have been a requirement to run an article on the new breed of white rappers this year, as nearly every music publication (and MTV) has done so. Everyone has heard the hype surrounding possible heirs to the Beastie Boys' throne. However, until now, no one has stepped forward to inherit the crown.

Surprisingly, one whitey has been getting regular airtime on popular radio: Dr. Dre protégé Eminem. With the release of his album this week, the question will finally be answered; is he the great white hope, or the great white hype?

The Slim Shady LP is a no-holds-barred album, as Eminem raps about drugs, slitting throats and more drugs. Although the themes are not intrinsically funny, Eminem somehow coats the album with humor, even if it is extremely disturbing. The first two lines of the album set the tone, if sarcastically, as he tells all the youngsters, "Don't do drugs," and then asks, "Hey kids, do you like violence?"

For this album, Eminem takes the personae of Slim Shady, a guy who has no morals. If listeners can get past that, they will discover that Eminem is an extremely talented rapper; and with Dr. Dre's help, *the Slim Shady LP* is an album worthy of the hype.

The album begins with an intro warning everyone about the content, its views and its actions. Throughout the *Slim Shady*, personal testimony from people



Interscope Records

Whitey: Okay, he's a big dork. But he also got second place at the Rap Olympics

who have listened to the album say the same thing. Even Eminem's lawyer is worried, as he tells Eminem that he should tone it down. However, just like his independent release says, Eminem just does not give a... well, you know.

The music begins with "My Name Is," which has been getting heavy rotation on MTV recently. For those that have not heard it, think of it like Snoop Doggy Dogg's "What's My Name" only funnier. Eminem continues with a clever duet with Dr. Dre on "Guilty Conscience" where he (as Slim Shady) and Dre play opposing consciences in three different situations. Eminem and Dr.

Dre compliment each other very well, and the song is original and entertaining.

Eminem does have a disturbing side as well. "'97 Bonnie and Clyde" will have everyone wondering what's wrong with this poor child. Playing off of Will Smith's smash "Just the Two of Us," Eminem tells the story of he and his daughter disposing of his divorced wife's body by throwing it in a lake. It will make anyone cringe. "Role Model" is a Dre-produced number that is another keeper on the album. Eminem then returns to his disturbing side on "My Fault" as he raps about accidentally letting a girl at a party eat a whole bag of mushrooms and how he has to deal with her. The chorus is his apology for bringing her "into [his] world."

The only dance song (as proclaimed by Eminem) is "Cum on Everybody," and although it is decent, it doesn't hit quite as hard as other songs. The following song "Rock Bottom" includes an eerie acoustic guitar with strings to match. The album continues with the underground hit "Just

Don't Give a F—" which is still probably one of the best songs on the album. The final four songs keep with the same formula: solid rapping, great production and oh, yes, more drugs.

The Slim Shady LP had the chance to be one of the biggest let downs of the year. Eminem was so hyped, the media could have killed off Slim Shady before he even walked the streets. However, Eminem creates an album as immature as the Beastie Boys smash, *Licensed to Ill*, just as entertaining (and quite a bit more disturbing). Believe the hype, Eminem is here, and he has proved that white boys can rap.



Interscope Records

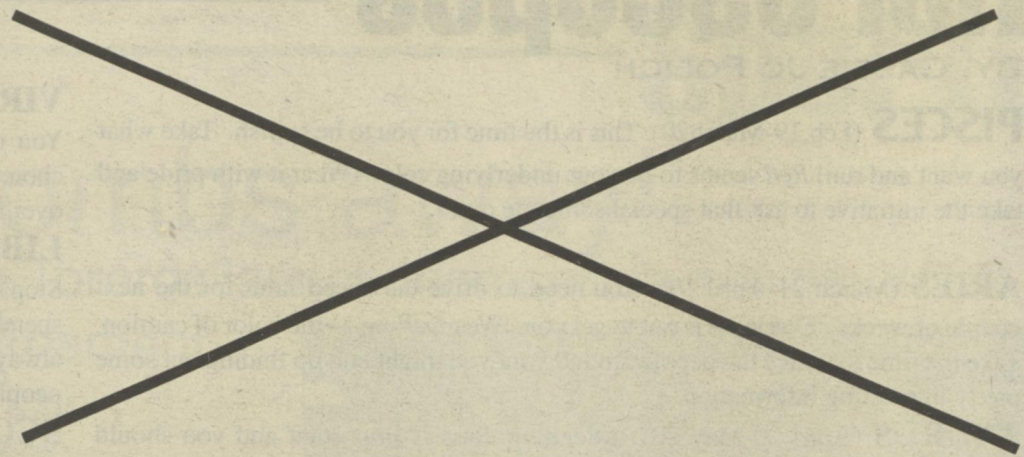
Drug Culture: Slim Shady indulges in a number of controlled substances

Gene Siskel, the Godfather of Leisurepimps, died due to complications of a brain tumor last Saturday. Along with Roger Ebert, Siskel elevated criticism to an art, turning a once shunned profession into a respectable field. We here at Leisurepimp mourn Siskel's death and we hope that he will enjoy his stay in the Critic's Heaven.

Look for the official VJSTA
Three-Toed Sloth hidden in one
of the pictures in Leisurepimp
this week. If you can find him,
you win... well that's a surprise.



Immature Hooligan picture goes here. Sorry, guys, the Suits wouldn't let me put it in.



Cockeyed Ghost? Ups and downs

ALYSSA IGNASZEWSKI
Staff Writer

Cockeyed Ghost
The Scapegoat Factory
Who knows?

Variety is not in short supply on Cockeyed Ghost's new album, *The Scapegoat Factory*. The CD has a nice mixture of mellow, punk, upbeat and alternative tunes for the eclectic listener. Unfortunately, this stew makes for an incomplete experience at best.

When I first gave it a listen, I thought that I had mistakenly popped Weezer into my stereo. I was a little unsure about the rest of the album at this point because I am not a huge Weezer fan, but to my surprise the album took a turn for the better. As I continued to listen to the 10 other songs, I was delighted to hear some fun, upbeat music that ended up giving me a lot of warm fuzzies. (note to Alyssa: the editor was very liberal with his edits.

After all, he is the editor)

There were also some odd songs that I could not bring myself to finish listening to. The band seemed to be very angry with many things, still carrying around a lot of teenage angst, apparently. I wouldn't say that they were misogynists per say, but the lyrics they chose to express their anger towards the opposite sex were strange, though amusing. Maybe they need to just grow up.

Their song, titled "Crap," is a great example of this. Let's just say that Cockeyed Ghost was a little bent out of shape about having to deal with all of the crap that's been landing in their lap and their other song, titled "Imagine Your Dead," stated how the lead singer "would rather be happy, so [he'll] imagine you're dead!"

I have to admit that these lyrics are a little scary, but who ever purchases a CD and ends up loving every song? I would say that if you have an open mind and are willing to overlook a few of the weird songs, then check this CD out. You will probably end up with something you can tolerate—maybe you might even like it a little bit.

cockeyed ghost the scapegoat factory



Cockeyed Ghost

Easy for you to say: It has its goods and its bads

Local culture calendar compiled by your artsy friends at LP

California Center for the Arts Museum, see "The Eclectic Eye: Selections from the Frederick R. Weisman Collection"—with approximately 80 paintings, sculpture, mixed media, and video installations by established modern and contemporary masters. The late philanthropist and entrepreneur Frederick R. Weisman was recognized as one of America's foremost collectors of contemporary art and was an ardent supporter of new and emerging artists. This exhibition -- including pieces by Arshile Gorky, Keith Haring, Andy Warhol, Donald Judd, Claes Oldenburg, Jasper Johns, Frank Stella and many others -- closes on Sunday, May 2. Find the center at 340 North Escondido Boulevard (at Valley Parkway); 760-738-4120. (Escondido)

Newri and Tibetan Buddhist Thangkas— that is, scroll paintings used in meditation visualization— are on exhibit at Correinte, a "gallery for raw fine art." The pieces are said to involve elaborate hand work and shading. There's an opening reception planned at 6 p.m. on Friday, February 19; the show continues through Saturday, March 20.

The "Many Dimensions of Meaning" are explored, along with questions of human identity and image manipulation to challenge preconceptions of viewers, in the exhibition "Collections." This mixed-media art exhibit by Li Huai is on display in the main gallery at the Spruce Street Forum along with photographs entitled "Objects and Portraits" by Angel Nevarez through April.

La Jolla Museum of Contemporary Art— Francis Bacon's series of "pope paintings" have become landmarks in art history, visual symbols of the postwar age, created by an artist widely considered to be the greatest British painter of the century. In 1953, Bacon reworked a famous papal portrait by Velázquez into a screaming mask of angst, replete with internal anxiety and terror, and titled it "Study After Velázquez's Portrait of Pope Innocent X." A few months later he completed eight additional variations that compose the series "Study for Portrait I-VIII." At least six of the series, along with the Portrait of Pope Innocent X and a related work, are on exhibit together in "Francis Bacon: The Papal Portraits of 1953." See these powerful works through Sunday, March 28.

Horoscopes

BY: CASSIE JO POLICH

PISCES (Feb.19-March20) This is the time for you to be selfish. Take what you want and run! *Red* seems to be your underlying color. Wear it with pride and take the initiative to ask that special someone out.

ARIES (March 21-April 19) You need to drive the speed limit for the next couple of weeks. Everyone is out to get you. Wear *yellow* — the color of caution. Take the time to notice the people around you, you might end up finding out some pretty interesting information.

TAURUS (April 20-May 20) Attending class is important and you should really consider it. Taking the initiative and doing what needs to be done is very vital. Wear *purple* and get your creative juices flowing. Spring break is right around the corner.

GEMINI (May 21-June 20) Stop accepting other people's needs as a priority — you are your priority. Take a stand for what you believe and don't listen to "little Ms./Mr. know-it-all." It's time to get serious, and what better way to show your seriousness than to wear *black*? You are hardcore and unstoppable.

CANCER (June21- July22) I know how much you love the deli, but really, it's time to get over it. Go ahead and stop in for a quick bite, but let's not make it an all afternoon hang out. Try something new, be inventive and wear *green*. Green means *go*, so let's get off our butt and do something productive. Green is also for good luck — may it be on your side.

LEO (July 23-August22) Passion is a strong value of yours right now. Your emotions seem out of wack and you tend to make too many irrational decisions. Gather your thoughts and stay focused in *maroon*. (Besides, this is a great color and it looks good on almost anyone.)

VIRGO (August 23-Sept.22) Someone close to you has become more distant. You need to re-evaluate your decisions and make sure your making the right choices. Wear *white* to keep your thoughts pure. Try not to let your sex drive take over right now.

LIBRA (Sept.23-Oct.22) Money seems to be disappearing at a very rapid pace. Stop spending all of your extra change at Aromas, and think of new useful ways to spend your money. Hint: save that hard earned cash for the Maher party you had always dreamed of throwing. Wear *navy blue* because it's cool and will make people want to talk to you.

SCORPIO (Oct. 23- Nov.21) Now's the perfect time to get in shape — just in time for bathing suit season! Stop chugging the forties and start pumping some iron. Everyone could use a little help. Wear *orange*, not on your skin, but on your clothes — fake tans aren't that appealing.

SAGITTARIUS (Nov.22-Dec.21) Do something nice for a friend. You've always wanted to, but nothing ever seems to motivate you. Buy a balloon and tie it to their backpack while they aren't looking. What a nice surprise! Wear something *pink*, it looks nice and brings a smile to everyone's face.

CAPRICORN (Dec.22-Jan.19) Don't give up just yet! Tomorrow is the first day of the rest of your life. Buy yourself a new little something and let people know you're around. Wear something *light blue* and it will brighten your day. Watch out for really loud people, they might seem a little overwhelming right now.

AQUARIUS (Jan.20-Feb.18)

You spend way too much time watching T.V. and staying in doors. As the weather gets warmer, go outside and appreciate the San Diego sunshine. You deserve it. You are sexy and people admire your bravery. Wear *hot pink*.

a USD tradition

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small thoughts

CHRIS WEERTS
Associate Editor

For as long as I can remember, I have been a casual boxing fan. Though I would sometimes take notice of good fighters in the other divisions, the heavyweights still dominated the sport. They are the ones with the big punches that everyone pays to see. But since the last Evander Holyfield vs. Mike Tyson fiasco, I have not seen a heavyweight fight that has been any good. There are only a couple of big names left, and one of the is throwing television sets at his psychiatrist in prison. The Lennox Lewis vs. Holyfield fight is coming up in about 10 days, but after that what big fight is there?

In the past few weeks there have been some great boxing matches, but they have not been heavyweight fights. They have been in the welterweight division, where there is a plethora of great boxers. In the last two weeks, we have seen two title fights in which Oscar De La Hoya won a controversial split decision over Ike Quartey and Felix Trinidad out lasted Pernell Whitaker. These fights have both been great, and there are more interesting fights in the division yet to come. This is now the division with all of the personality.

After the Trinidad vs. Whitaker fight, Whitaker claimed that he has never really lost a fight although he has three losses on his record. After the De La Hoya vs. Quartey fight, De La Hoya claimed that he would fight anyone and that he is the best fighter in the division. Trinidad said that he was sure he could beat De La Hoya anytime. This is the flare that used to be in the heavyweight division.

There is also a younger fighter named Fernando Vargas who is undefeated and working his way up the

rankings. He has called De La Hoya out many times, but De La Hoya says that Vargas has no respect for him and, therefore, he will never give Vargas a chance at his title.

Vargas has publicly stated that De La Hoya is afraid of him and that he is in fact the best fighter in the division. So this means that there are three undefeated fighters in the division—De La Hoya, Trinidad and Vargas—none of which have fought each other. This reminds me of when there were three different champions in the heavyweight division and none of them had fought each other yet.

The other reason why boxing fans should turn their attention to this division is that the fights are all exciting. These smaller men throw light fast punches and still have the ability to knock each other down and out, thus providing fans with nonstop action. This is a welcomed change from waiting six or seven rounds for Tyson to finally land one of those haymakers he throws and knock his opponent stupid. The smaller fighters are bringing back the personality and mystique that ruled the heavyweight division when Mohamed Ali and Joe Fraizier were in their prime.

These fighters on the whole are good role models for younger fighters just breaking into professional boxing. None of them has bitten anyone's ear off nor have they tried to abduct their children after beating up their wives the way former heavyweight champion Riddick Bowe did recently. They have also brought back purity to fighting that has been lacking lately with all of the controversial fights in the heavyweight division that have appeared to be fixed or at least not completely on the up and up. So keep a watchful eye on these small fighters because they put on a great show and they always leave you begging for more.

Bombs away!

The Toreros launch themselves into the WCC Tournament

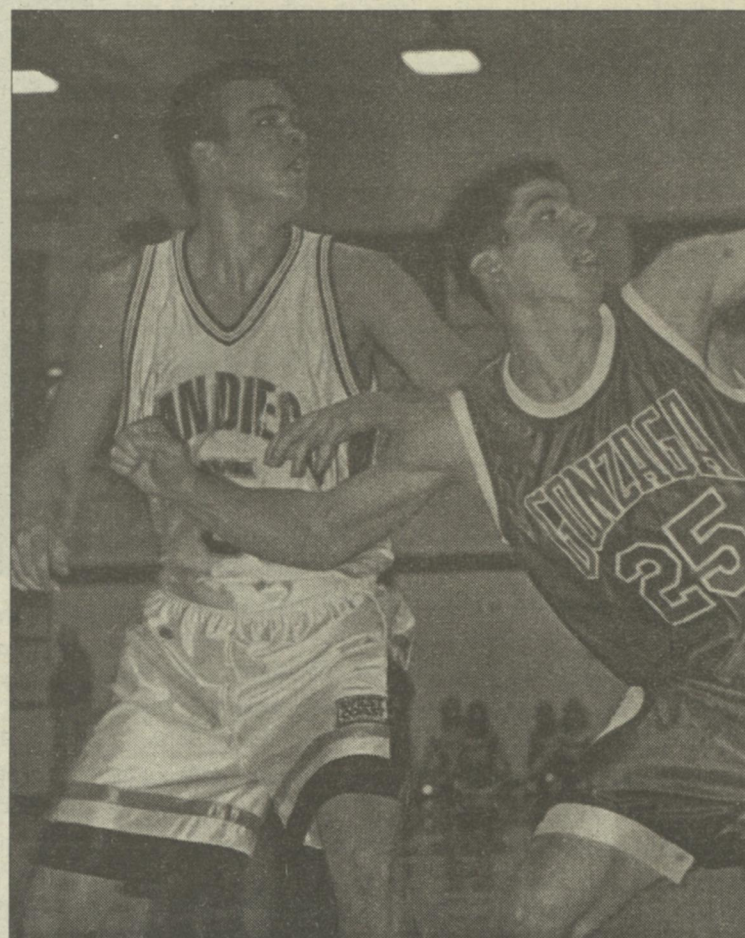
BEN KAIN
Staff Writer

The University of San Diego Toreros (18-8; 9-5) laid to rest any doubt of who the third seed in the WCC Tournament will be, last Thursday night. The Toreros entered the game tied with the Santa Clara Broncos (12-14; 8-6) for the third best record in the West Coast Conference. They left the building with a confidence building 80-58 win.

From the get go, the Toreros came to play. Brock Jacobson performed brilliantly, showing off his senior leadership by scoring 19 points and hitting all four of his free throw attempts. Ryan Williams added his usual display of dominance under the boards by scooping up 12 rebounds and scoring seven points. The real story of the game came from the arc. The Toreros hit an unbelievable 11 three point shots against the Broncos, with six different players getting into the mix. Andre Laws made 2-3 of his three point attempts with Dana White hitting 3-6, and Jacobson making 3-4.

The Toreros shot well from the field, shooting .600 throughout the game and more importantly making .750 of their free throws. The tenacious Torero defense was at work again, holding the Broncos to only 58 points in the game and a horrific shooting percentage of .396. Jacobson said, "It felt great to win big at home, especially so close to tournament time. This was a real confidence booster."

USD played its final regular season game last Saturday against the San Francisco Dons (12-17; 4-10). Coming off such a big win on Thursday night the Toreros seemed to be a bit flat playing against the leagues sec-



Nice work: Senior guard Brock Jacobsen was given honorable mention from the 1999 All-West Coast Conference Team.

ond worst team. In the first half, the Dons were able to mount an eight point lead with 10 minutes left until half-time. A steal by Laws sparked a first half comeback, which put the Torero's in striking distance. They entered the second half down only 24-22. USD lacked their offense throughout the first half, so they depended on their defensive talent which produced eight steals for six points.

As they have done all season, the battle-proven Toreros turned the second half into a war. With 10 minutes left in the game the Toreros had fallen behind by nine points. The Toreros mounted their comeback by getting to the free throw line a dominating 33 times and making 26. Williams led the team with 17 points and nine rebounds, but the story of the game was Lamont Smith's defense, grabbing three steals and hounding the San Francisco guards. The Toreros had four

turnovers themselves in the second half but did not give up a single point because of them.

With two minutes left, Williams hit two clutch free throws to tie the game at 50. The Torero defense held, and Dana White ran away with the game-winning dunk. The Dons had an opportunity to tie the game, but Zimmerman missed one of his two free throw attempts giving USD a 52-51 win.

Winners don't always play well, they just win. The Toreros have looked like real winners over the past three weeks, winning 5-6 games. Their game is peaking at the most important part of the season, and their confidence may lead them to the round of 64. "We really feel like we have a shot at the NCAA tournament this year," said Lamont Smith. If the Toreros play like they have the past couple of weeks, there isn't a team in the WCC that can keep up with them.

Spotlight: Ryan Williams

JACKIE KIM
Staff Writer

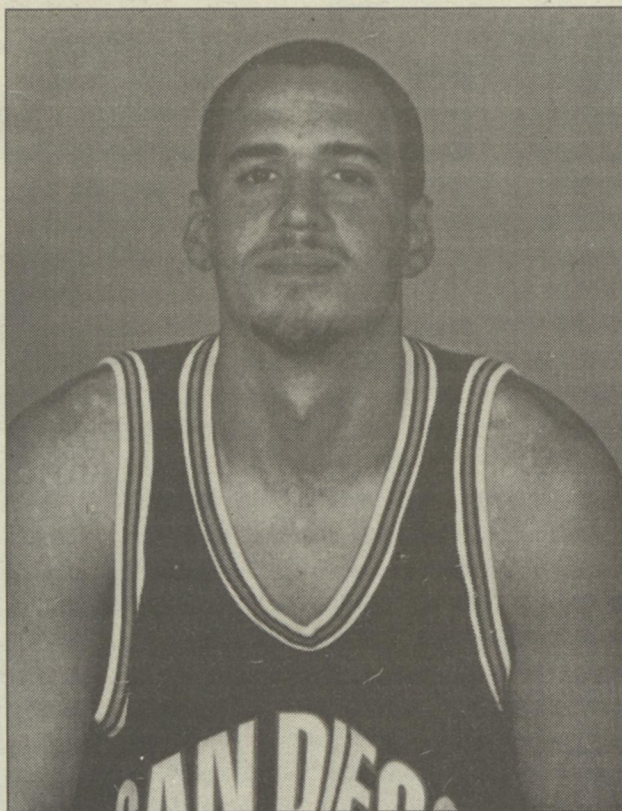
If you have not yet seen the 6'6" power forward basketball sensation in action, you're truly missing out on one of USD's most amazing student athletes.

Ryan Williams began playing basketball 15 years ago in his hometown of Seattle. After playing the position of power forward throughout both elementary and high school, Williams was ready to conquer the challenges of competing in a college arena. During his fifth year at USD, Williams has proven to be one of USD's most valuable athletes. Along with being the West coast Conference's current Player of the month, Williams has also made the 1999 All-West Coast Conference Men's basketball Team. He is the only player on USD's basketball team to achieve this outstanding accomplishment. Overall, Williams is averaging an impressive 15.7 points and 7.5 rebounds per game.

Williams is not the first in his family to impress the crowds with his basketball talent. His father, Greg Williams, attended Seattle University on a basketball scholarship, playing the position that he later groomed his son to play: power forward. Williams also has twin sisters who are following in his footsteps. They are juniors at the Holy Names Academy High School, and have recently led their basketball team to the state championship.

Williams attributes his basketball success to the support and persistence of his greatest mentor: his father. "My Dad taught me the fundamentals of basketball. He coached me up until high school. Then he started with my sisters and coached them until high school, as well," Williams said.

After Williams finishes his last semester at USD, he hopes to take advantage of an overseas opportunity to play professional basketball. Eventually, he plans to



Ted Gosen

Congratulations: Senior Forward Ryan Williams was selected as the WCC Player of the Month as he led the Toreros to a 5-1 record during February.

settle down to a career in the field of accounting.

Practicing basketball every day and playing two games a week leaves little time for outside interests. He is an accounting major with a finance minor, which consumes much of his free time. Williams is also a member of the Accounting Society, and when he is not studying or on the court, he enjoys spending time with his girlfriend.

"Ryan is the hardest worker that I have ever seen. He really cares about the team. He's willing to put in the effort, both on and off the court," said Sha Sha Yahyapour, Williams' girlfriend of three years.

Toreros hope to repeat victory over Gaels

No.3 San Diego vs. No.6 Saint Mary's

JEANETTE FINETE
Sports Editor

The last meeting between USD and SMC was an exciting match that ended in the Toreros favor. USD swept the regular season series against Saint Mary's in two close games and took over the lead in the league's closest series, 61-56 and 63-62.

Since then Saint Mary's has a newly added weapon. Junior center Brad Millard, who has missed all but two games over two seasons with a broken foot, played in SMC's final home game. He is eligible for the tournament. As a result, the biggest players in the league, 7'3" Millard and USD's 7-footer Jeff Knoll, may see action against each other.

SMC's senior forward Eric Schraeder is the overall scoring leader in the conference with 20.4 points per

game, while USD's senior forward Ryan Williams is #3 with 15.7. Both won the WCC player of the month this season.

The Toreros also have to worry about junior guard Frank Allocco in addition to Schraeder at the three point line. Allocco has made seventy three-pointers, and Schraeder has made eighty-seven.

USD enters the tournament having won six of its last seven games. Williams leads the conference in rebounds with an average of 7.5 per game. Sophomore guard Dana White leads the Toreros in three-pointers with an average of .426.

The Toreros end the regular season with the best scoring defense, letting opponents score an average of only 62 points per game. Saint Mary's defense isn't as strong, ranking seventh in the conference and giving up an average of 70 points per game.

USD has advanced to the semifinals in each of the last three years, the longest active run of first-round success of any WCC team. However, the Toreros have played in the WCC championship game just once, losing to Pepperdine in 1994.

This Week's Sports Highlights

- Senior Forward **RYAN WILLIAMS** was named WCC Player of the Month for February, Williams is the only member of the Toreros' team to be selected to the 1999 All-WCC Men's Basketball Team.
- The **MEN'S BASKETBALL TEAM** is ranked No. 3 in the WCC Tournament and will face St. Mary's. The women's basketball team is ranked No. 4 in the WCC Tournament and will face Portland.
- Junior guard **SUSIE ERPELDING** was selected to the All-West Coast Conference Team for the second time.
- Junior guard **AMANDA BISHOP** gave the Toreros a spark off the bench hitting three out of four three pointers and scoring nine points in the loss to Santa Clara.
- Junior forward **JESSICA GRAY** turned in a double-double in the Toreros victory over San Francisco scoring 15 points and grabbing 11 rebounds. Gray was also named to the All-West Coast Conference Team.
- Freshman third baseman **GREG SAIN** was named Rawlings/WCC Baseball Player of the Week due to his performance last week. He had a three-game home run streak starting with UCLA and then he bashed two more in consecutive games against Sacramento State.
- Freshman pitcher **MISTY VELKE** picked up a win and a save against Azusa Pacific this weekend. She improved her record to 7-0 and the team improved to 11-1 on their season.
- Junior tennis player **ZUZANA LESENAROVA** maintains her number one ranking in the ITA Poll

FANS OF THE WEEK



Congratulations

Fans of the Week!!!

You go girl! Way to rock out with your pom-pom, "**BABE.**" Thank you for supporting TORERO athletics:)

Upcoming Games

Men's Basketball

WCC Tournament First Round
Feb.27 Saint Mary's 6 p.m.

Women's Basketball

WCC Tournament First Round
Feb.25 Portland 2:30 p.m.

Baseball

Feb.26	Michigan	2 p.m.
Feb.27	Michigan	1 p.m.
Feb.28	Michigan	1 p.m.
Mar.2	UC Riverside	2:30 p.m.

Softball

Feb.27	Loyola Marymount	1 p.m.
Feb.28	Dominguez Hills	1 p.m.

Men's Tennis

Feb.27	Fresno State	12:30 p.m.
Mar.3	Michigan	1:30 p.m.

Women's Tennis

Feb.26-28	USD Invitational	12:30 p.m.
Mar.2	Boise State	12:30 p.m.

*All home games are in bold letters.

Last Week's Scores

Men's Basketball

Santa Clara	W	80-58
San Francisco	W	52-51

Women's Basketball

Santa Clara	L	51-67
San Francisco	W	52-42

Baseball

Texas Tech	W	13-10
Arizona State	L	4-10
Oregon State	L	6-7

Softball

Cal Baptist	W	5-2
Cal Baptist	W	13-0
Azusa Pacific	W	6-0
Azusa Pacific	w	5-4

Men's Tennis

Air Force	W	5-2
LMU	W	6-0
USC	L	0-7

Women's Tennis

Washington	L	4-5
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Kappa Delta Pi is an honors society looking for undergraduates and graduates from all majors to join a.s.a.p. KDP will be hosting an informal how-do-ya-do information meeting on March 1, 1999 at 3pm and 6pm in Harmon Hall Lounge.

Your classFied ad goes here. 2604714

CHECK OUT THE VISTA ONLINE vista.acusd.edu

Offbeat

When you run out of pictures

Look at those abs!

MARGIE PIERCE

Offbeat Editor

There I was just walking along chatting with my friend when we passed by two guys going the other direction between the tennis courts and the swimming pool. We paused our conversation (as we always do when we pass other people) and walked single file passed the two friends, one whom had his shirt off. To my complete astonishment, the guy with his shirt on screeched in a mocking high pitched voice, "Oh my God! Look at his abs!" in reference to his friend.

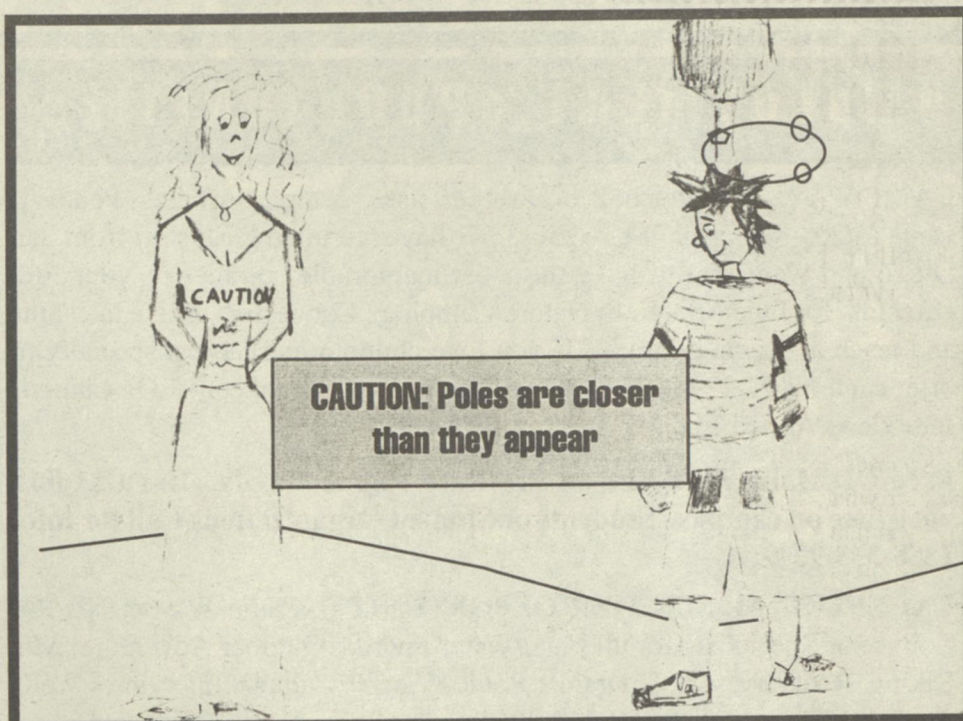
Now this might have been completely embarrassing if we were actually gaping at his abs, but let me assure you with pecs that gorgeous, I wasn't even thinking about his stomach. "Man these gay couples just keep getting more and more possessive," I commented to my friend. I was in such shock, it was all I could think to say. What I wanted to say was, "Now we know who has the personality." Instead I just let the love of my life (or at least for this week) just walk out of my life forever.

I can't tell you how many times in my life I have had the same reaction as that guy. We plain Janes and Jacks of the world get endless amusement out of people checking out our friends. Beautiful people get so used to it after awhile that they stop noticing it, but when I get the privilege to watch people make fools of themselves I like to take advantage of the opportunity.

The other day I was waiting in the VISTA office for my roommate to meet

me so we could go to dinner. The second she walked through the door the face of the only guy in the office completely lit up. It was like watching my dog fall over herself to greet me when I come home, except this time there was definitely more drool. I was impressed though, considering that most guys can't even compose themselves enough to talk to her, and they can pretty much forget about walking. A lot of my female friends really should be equipped with warning signs across their chests. I can't tell you how many times I've seen guys run into poles, walls, doors, and cars, because they were too busy staring at a woman's "jugs" to watch where they were going. By far the most amusing thing is to be walking with a group of my guy friends when they pass some hot chick and start grunting, whistling, and yelling, "nice ass!" Yeah guys, you're really going to get some that way. And my what an ego booster!

At least women (for the most part) have enough sense to be sly about it. We at least *pretend* like we want to be friends and try to get to know a guy despite mentally undressing him as we talk. Apparently though, women aren't as good at hiding it as I thought, because spaz boy has some definite issues to work through. I can't imagine anyone freaking out like that if it only happened once. Honestly, hot guys are a dime a dozen in college, but a guy with the nads to actually come right out and say something about it, now that's a guy worth running into a pole for.



Flashing around at Mardi Gras

BY THE ILLUSTRIOUS PLAY-DOH

SEX, BEADS and VD, I mean, VIDEO TAPE! Standing in the gas lamp district last Tuesday I realized that no one has truly lived until they have been to Mardi Gras. I also realized why Zyban is being advertised so heavily on the television. My unexpected adventure started when five of my friends invited me to go downtown. Having lots of studying to do I was forced to carefully weigh the options: philosophy paper vs. Mardi Gras. I decided to see if Mardi Gras was all that it was cracked up to be.

Piling into a Ford Bronco (no not the OJ mobile, the Q mobile) with five other guys, I headed for the trolley station to go downtown to the Gaslamp district on Fat Tuesday. It was truly a dream come true. I was going to experience the day of sin before lent was to begin. Leave it up to us religious people to sin and then go and repent so that we can still be all good in God's book. Just in case, if I still find myself headed the other way, after this night, I know that I will not go empty handed. Some very generous people were handing out "Hell bucks" and I received a \$10,000 bank note.

As I stepped off the trolley and walked into a crowd of thousands of drunken sex-crazed people (surprisingly not all from San Diego State), I realized that I had left all of my beads at school. So I armed myself with five bucks worth of beads. I looked around, wondering what the hell I was going to do with these obnoxious beads. Then I saw what I was supposed

to do. I believe the exact words were, "Hey look at that!" I didn't actually have the heart (or balls) to throw my beads at some girl while she is sitting on her boyfriend's shoulders and tell her to show me her boobs (not that I minded seeing them!) Why in the hell would anyone bring their girlfriend to something like this? Unless these people saw it as some kind of contest to see whose girlfriend had the biggest boobs or the least intelligence. Must have been the alcohol. The only people that I found myself throwing my beads at were the idiots hanging out of trees and second story windows.

Why, if I am so against all of this, was I there? For the atmosphere and culture, of course. My friends and I like to think of ourselves as innocent bystanders, who just happened to be at the right place at the right time when the flashing took place. Here are some of the night's highlights: Several couples having sex on the street (I hope they realized that beads weren't exactly protection), the group of people who started a riot because they couldn't get into a closed restaurant, and the award for the best showing went to the guy with the helmet camera. Here's to that great American ingenuity!

Wait the night was not over yet! On

Mardi Gras continued
on next page

Chub & Chubby's Chubbin' at you live

Three deep thoughts from two shallow guys

If you hit someone over the head with a car battery, is it still assault
AND battery or assault WITH battery?

Sometimes I think it would be really neat to be Robocop. But then I ponder how does he go to the bathroom? Does he have a limited warranty? Does it cover rust? Are his nuts bigger than his bolts?

Then I get tired, fix myself a snack, and take a nap.

I think if I were to ever go crazy and chop my family up into little bits and stuff those bits into a duffle bag, then I would get some of those really nice duffle bags, you know, with the high quality nylon straps and sturdy zippers. Hey, you only live once.

Offbeat flips out over Huyen: USD's First Ninja

DANNY PEYKOFF

Staff Writer

Everyday, we students at USD wake up, grab some shampoo, soap, and Vaseline and hit the showers. We brush our teeth and go about our daily business. After classes, some of us study, some of us party, but no matter what, we always seem to return home safely. Why is that? It's not because we live in a great city; if you drive up Linda Vista for a few miles, you hit a relatively ghetto-ish neighborhood. It's not because of public safety, although there is one guy who's like 6'5" and 270 pounds (he looks like Ivan Drago with dark hair). So why is it that we live so safely here in San Diego, a city so filled with crime and so near to the ultimate domain of mass rape and murder, otherwise known as Tijuana? Today, here, in this article, you will learn the truth, a truth that was to never be learned. Luckily for me and my journalism career, I stumbled across that truth.

Last Thursday, I was out at three o'clock in the morning, switchblade in hand, looking for the punk who stole my unopened bag of beef jerky. I was near the Vistas when I saw six or seven really large men, who were definitely not USD students, forcing themselves upon some girl, who was definitely a student. I became scared, I couldn't just let this happen, but, then again, I didn't want to get the crap beaten out of me. So I began jogging over towards them when, all of a sudden, a man wearing all black came flipping off of the top of one of those really tall trees that we have here. He landed right smack in the middle of all of the commotion, and I heard a wimpy voice say "All of you must make like Michael and 'Beat It' before I forced to open can of whoop ass!" The gang of thugs surrounding them began to laugh and one of them said "Get out of here before I have to do to you what I'm about to do to her." The man in black, who was about 5'7 and Asian, then replied "I was going to give until the count of three, but I don't think you dummies can count to such a height, so now, I open can." What I saw next was the most incredible thing I have seen in my life. This man, this, this *Ninja*, began flipping, kicking, tripping, slapping and punching these guys into a bloody mess! He then hog tied them all and wrote, on each of their foreheads, a vulgar word that is used to describe both female dogs and feisty women. He didn't see me, so I decided to sneak up behind him to get a closer look, but all of a sudden he reached back and flipped me over his shoulder, letting out a loud "kattEEEEET!" Immediately I recognized this man as a fellow student and friend, Huyen. He recognized me as well, saying, "Greetings Danny Peykoff. You cannot tell any of my actions here tonight nor of my extraordinary skill, as I'm am only reason that this campus is still safe." I thought for a moment, then replied "I will keep quiet under one condition, you give me a one on one inter-

view for the school paper." He agreed, so now, ladies and gentlemen, I give you that interview:

Danny: First off, Huyen, do you have a last name?

Huyen: Yes, Huyen is my last name.

Danny: Well, then what is your first name?

Huyen: Grasshopper.

Danny: Excellent. How is it that you remain in such unbelievable physical shape? I mean, let's face it, no ordinary Joe could do what you just did to those guys?

Huyen: Everyday I wake up at 2:00 a.m., and go on a twelve mile sprint. I return home at 2:03 a.m. I then leap to the San Diego wild animal park where I then spar with various animals.

Danny: What kind of animals?

Huyen: Oh, you know, leopards, monkeys, bears, giraffes, hippopotamai, alligators, lizards, mice, dinosaurs.

Danny: Dinosaurs? Aren't dinosaurs extinct?

Huyen: They weren't until I got my hands on them.

Danny: Are you responsible for the extinction of any other animals?

Huyen: Well, soon I will add the California Condor to such ranks, yes. I hate them.

Danny: You hate California Condors. Why?

Huyen: Many years ago I was at Wienerschnitzel and I was enjoying my food outside, when suddenly, my bladder responded rather rashly to the food I was eating. I back flipped my way to the restroom, and upon my return, there was a California Condor finishing my chili dog. So I finished him.

Danny: You finished him? How do you know it was a him?

Huyen: I always check before I wreck.

Danny: Incredible. So what do you think of the international stardom of some of your fellow ninjas, like Bruce Lee or Jackie Chan?

Huyen: Bruce Lee-Bruce Lee, more like Bruce She. All of his movies are nothing but tricks, I beat in his face with lots of crane-kicks. Word.

Danny: Wow! I didn't know you can rap! What about Jackie Chan?

Huyen: Jackie Chan-Jackie Chan, what a silly man, his face looks like it was smashed by pan. I fight him today or tomorrow, now or then, I beat crap out of him, and take all his yen. Microphone check. 1-2, 1-2.

Danny: You are amazing, have you ever thought about recording an album?

Huyen: Actually, I am doing a duo with my (expletive) Snoop Dogg. It is called 'B**ches aint nuthin' but throws and kicks. There is also an appearance on the song by a religious ninja friend of mine named Nun-Chuck. I am not afraid to let my blow dart explode. Yen aint a thang. You see, it's all about the yen. As a matter of fact, my last name used to be Hu, but I had them add yen to it.

Danny: Your last name used to be Hu? That's pretty funny. I can imagine it: "Do you know Grasshopper?"

"Grasshopper Who?" "Exactly!"

Huyen: Very funny, Mr. Poopy Pants, but I not laughing.

Danny: Huyen, with your incredible skill, both in the fields of Martial arts and rapping, you are bound to be a star.

Huyen: Yes, I will be world's first Ninja star. Hah! Ninja star! That was a big pun. Hah! Big Pun! It aint no fun, if the homies can't have pun! Hah!

Danny: Huyen, you're unbelievable, but you need to re-arrange some of the words in the song. And it's by Snoop, not Big Pun.

Huyen: If you continue to diss me, the only thing that will be re-arranged is your facial structure. Now you must make like banana and split before I start re-arranging your face like Mr. Potato Head.

Danny: You're pretty good with those analogy jokes.

Huyen: Oh? Well I've got a Jimmy joke concerning your mama that you might not like...I was told she is a 'Frisco...

Danny: Hey! Keep my mom out of this, or I'll have to show you a little Kung-Fu of my own.

Huyen: Hah! You may try to fight me, but my defense will allow no penetration, unlike your mama's.

Frustrated, I took his offer and gave him my best shot.

Huyen: Hah! You fight like my grandmother...she's dead! The interview will now end as I must prepare for this morning's sparrings with the most fiercely grotesque opponent I have yet to face.

Danny: Who's that?

Huyen: Your mama! Hah!

Laughing, he leaped onto the top of the Vistas and disappeared.

Mardi Gras

(continued from previous page)

the way home, as I was riding on the over crowded trolley, some lady grabbed my butt! Cheap thrill for me! After she apologized, she explained that on a crowded car, this type of thing was socially acceptable, because if she did not grab on to something, she would have fallen over. My only suggestion is to aim high if you are going to fondle, I mean grab somebody on the ride home.

The most amazing thing about this entire night for me was the fact that I was sober! I really was, and it was all the more amusing to be on the sober side of things for once. If I ever do something like that loaded, somebody call the doctor!

Intramurals & Recreation

Scott Bergen Super-issue

Wimbeldon Revisited

SCOTT BERGEN

Tennis Supervisor

Pete Sampras. Marcelo Rios. Patrick Rafter. Lindsay Davenport. Martina Hingis. Anna Kornikova. Venus Williams. What do these names have in common? All of them have been turned down from playing in this semester's USD IM Tennis league. Some of the legends of USD IM past will be returning this semester and they will be joined by some new faces but you can be sure that this league, which has been deemed the Wimbeldon of the West Coast, will live up to its billing.

Never before has there been such an amazing collection of tennis power in one place. Not since last year's USD Cross Country team has there been so much justified cockiness. Not since game 5 of the 1986 NLCS when the Mets beat Houston 7-6 in 16 has there been such drama. Not since Christmas at the Bergen house has there been so much trash talked. Not since Jana Novatna at Wimbeldon two years ago has there been so many tears shed as there will be when this title is won and lost. Dick Enberg will be coming out to philosophize and to speak down from up on his pedestal to announce the games (all the while saying "fortnight" as often as possible). Venus Williams is not allowed to play on college campuses by the way because she is about 15 years old but pouts like a 4 year old and Miss Kornikova is welcomed to try to convince me to let her play in the league... please... Anna... call me...

Kevin says, "Don't forget about playoffs this weekend. Who's this Scott Bergen Dude?"



Forfeits Kill Volleyball

SCOTT BERGEN

Volleyball Supervisor

Okay, here's how this whole thing is supposed to work. First you hear about the league. Then you get some friends together and sign up a team. Then you get scheduled for certain days and times based on when YOU say YOU can play. Then you pick up a schedule, and then you come and play at the times you are scheduled. Maybe we have been unclear about all that.

The Dogs won by forfeit over a team which will remain nameless because they forfeited. There was another game at the time that that one was supposed to be going on, but neither team showed up. Then finally, we had a game. The Scott Bergen Fan Club, while only playing with 3 people crushed TBA 15-5 in the first game and then the second game was a different story. TBA's Kiana Henry showed up and turned it around... for a little while. TBA jumped out to a 12-3 lead but Bergen's Fan Club roared back with 12 straight and won it 15-13. Brianna Barr's Wonder Women picked up a forfeit win over some slackers (one of whom happens to be my RA's sister but will remain nameless). Gamma Phi was forced to play two games back to back because of scheduling problems, but they didn't even break a sweat despite having only 3 players as they won both games (in forfeits).

Tough Guys didn't appreciate Dan Vranjes' sense of humor while beating Brian Rosario's Two Words: We Bad 15-6, 15-2. The second game saw three of Tough Guys' four players sitting down on the court during play, but that was after We Bad's whole team sat on the floor for most of the first game. C-Section who forfeited their game last week was on the other end of the story this week as they picked up a forfeit win. Omega Nuts defeated FA in great game behind Andy Marchi's inspired play. Marchi led his team with 5 kills, a block and 3 saves. Omega Nuts won it 15-8, 14-16, 15-7. SO/NO Cal destroyed Comic Relief 15-5, 15-3 despite being down a man behind Dan Peykoff's 6 aces.

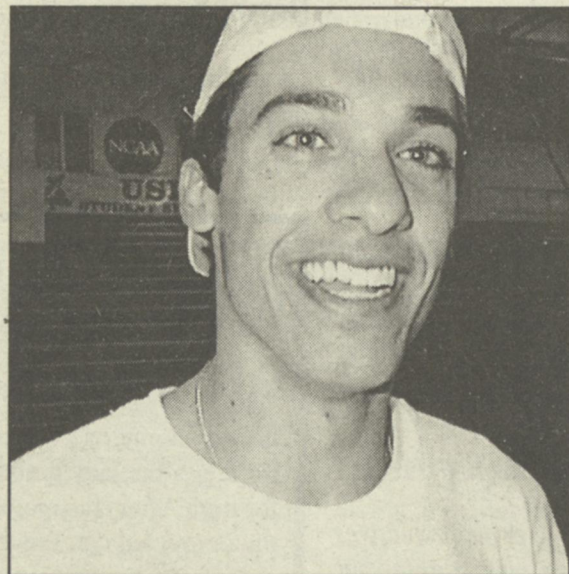
The game of the night was I Dig's 3-game come from behind victory over a frustrated AVP Gold. AVP went up 1-0 with a 15-9 first game win. I DIG struggled back with a 15-11 second game and an overtime win, 17-15 in the third that went late into the early morning hours.

Favorites going into the final week were SO/NO Cal and Omega Nuts for the men and Scott Bergen Fan Club and Gamma Phi Beta for the ladies.

As of right now, there have been 10 forfeits and 10 games played. Only 12 teams have not yet forfeited and 8 have done so at least once. Any team who forfeits in the final week of the season will be kept out of the playoffs and will be hunted down.

Domino's Pizza IM Sportsmanship Winner

Each week we'll pick a new Domino's Pizza IM Sportsmanship Award winner. The person that expresses the best overall sportsmanship as determined by our sports supervisors will win a Free Large 2-Topping Pizza from Domino's and get their photo in the Vista! This week's winner is:



Carlos Dominguez
4x4 Men's Volleyball
Team FA

IMs Legalize P.U.I.'s

BEN POWERS

CoRec Speed Soccer Supervisor

In the first two weeks of Co-Ed Speed Soccer, two rained-out games and four forfeited games disappointed many players and fans who had hopes of a great season. But with three added games this week before playoffs for a total of eight games, the season could still be saved!

In the first week of play, hundreds of fans braved the rain to see Tuesday's opening night games. But the small lakes on the field made it a little difficult to play as the games were rained out and postponed until this week. Thursday's games were just as disappointing. The first two games of the night were forfeited. The only game of the week to be played was between **SigEp/ADPi** and **PUI**. This game was pretty much over from the start. SigEp must have been preoccupied with rush or something as within minutes, PUI pulled ahead 4-0. The second half was joke as PUI finished with a 9-1 win. Aimee Wagshaft scored four goals (8 points) for PUI. There's a slight problem though... Aimee's a USD soccer player. Whoops! Read the rules. So SigEp/ADPi gets a win and PUI doesn't get any points for the game. We'll see if PUI can compete without their star player.

In the second week of games, all of the teams showed up for the Tuesday games. **D Nutz**, a dominating men's team from last year, plus some women took on the **PHYS's**. This was another close and exciting game... or not. After the

first half, the **PHYS's** had a 5-0 lead and were looking for the shutout. After Brian Jensen finished his hat trick, the **PHYS's** dominated the rest of the game and left with a 10-2 win in their first game. In the second game of the night, the **Red Team** (up for Name of the Year) went up against **Los Borrachos**. The first half of this game was relatively close, even with Cameron Black's three goals for Los Borrachos. Shadd Scott, Red Team's goalie, talked a good game, but that's about it as 6 more goals passed by him in a 9-1 win for Los Borrachos. Is it me or is there a trend going on here? Let's see, three games for a total score of 28-4. Boy do we have a competitive league this year.

In the Thursday games, there were two more forfeits. I know it's 'Comber Night and all, but you could take an hour break to get a game in. In the only game of the night, **Hooters** faced **PUI** (playing legally this time). Following the trend, we had another blowout. This time it was actually close after a 1-1 first half. Then Sean McNee fired two goals and Karly Faris (I think it was Karly... I can't tell 'em apart) scored a two pointer as Hooters pulled away for a 6-1 victory.

This week, with some changes in the schedule, make sure you know when you're playing. This is the last week of games before playoffs so if you forfeit, you're gone! Remember playoffs start this Sunday, the 28th, so get ready. Soccer fans, come out tonight to watch some great action in the canyon field as the Co-Ed teams take soccer to a new level.

Intramurals and Recreation

IM Playoffs this Sunday

Co-Rec Soccer

Sunday from 12pm - 6pm

M/W Volleyball

Sunday from 6pm - 11pm

Co-Rec Football

Sunday from 12pm - 6pm

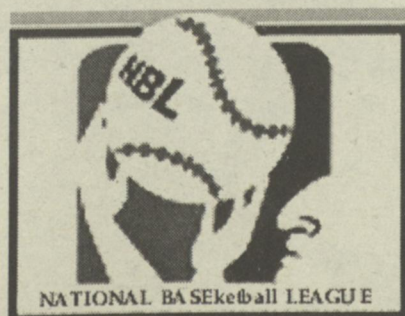
Coming Soon to the USD IM Department:

Special Events!

BASEketball

You've seen the movie now play the game! BASEketball is coming to USD March 18th. It will be a one night open tournament using official BASEketball rules. Teams can be men's, women's or co-rec, they'll all play each other. We'll keep you entertained between games with pizza and a live band! Start pulling together your best trash talkers and set-shooters and prepare for an exciting tournament. Look for more information soon, and in the meantime check out their website at:

<http://www.baseketball.net/>



Tri-Uni 4-man Scramble Golf

This year's scramble golf tournament will also be the first annual golf tournament combining teams from USD, SDSU and UCSD! All the schools have come together to put off the biggest IM college tournament in San Diego. Don't miss out on this one! There will be several other contests like closest to the hole and longest drive, along with free food and random drawings. Teams consist of four players and scramble rules will apply. This tournament is slated for Friday, April 23rd at the Balboa Park Golf Course. In addition to an overall champion, USD will crown its own champion from the competitors from USD. More information will be published as it becomes available.

Upcoming Leagues In March and April

Co-Rec Volleyball

Men's and Women's Indoor Soccer

Co-Rec and Men's Softball

Ultimate Frisbee



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RLOs can offer you the chance to live with students who share your interests and personal and academic goals. See the current Live! for more detailed information on each of the RLOs offered this fall. You can also call the **Housing Department** at 260-4622.

We're located in the Mission Crossroads and are open 8:30a.m. - 5:00p.m., Monday - Friday. Don't forget, Friday, March 5th is the deadline for RLO applications.

